

Duration: 01/01/2025 - 11/12/2025				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Kam Shan	Public Meeting	Tamu Lhocchhar	01/01/2025	Shek Lei Pui Reservoir Barbecue Area Site 2
Plover Cove, Pat Sin Leng	Running Competition	New Year N.E. Mountain Race	01/01/2025	Hok Tau Reservoir Barbecue Area Site 6, Wilson Trail Section 9 & 10, Hok Tau Country Trail, Double Haven Country Trail, Wu Kau Tang Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk
Shing Mun, Kam Shan, Tai Lam, Tai Mo Shan	Running Competition	Salomon Hong Kong Dynamic Challenges	04/01/2025	MacLehose Trail Section 6-8, Wilson Trail Section 6, Lung Mun Country Trail, Rotary Park Nature Trail, Kap Lung Forest Track, Kap Lung Ancient Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	KOTH Lantau Mountain Marathon	05/01/2025	Lantau Trail Section 2-4, Nei Lak Shan Country Trail, South Lantau Country Trail
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	Salomon Hong Kong Dynamic Challenges	05/01/2025	MacLehose Trail Section 6-8, Lung Mun Country Trail, Rotary Park Nature Trail
Plover Cove	Running Competition	Correctional Services Department 10K Distance Run	11/01/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Running Competition	Green Power Hike for a Green Future	11/01/2025- 12/01/2025	Aberdeen P.H.A.B Site, Tai Tam Barbecue Area Site 2, Hong Kong Trail Section 1-8
Plover Cove	Multisports Competition	Duathlon Series - Race 1	12/01/2025	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun	Running Competition	Sham Shui Po Distance Run	12/01/2025	MacLehose Trail Section 7, Shing Mun Reservoir Walk
Sai Kung East, Sai Kung West	Running Competition	China Coast Marathon and Half Marathon	12/01/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Third	16/01/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Luk Wu Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Championship	17/01/2025	Tai Tong Barbecue Area Site 7, MacLehose Trail Section 10, Tai Tong Mountail Bike Trail
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Half	17/01/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Tai Lam	Running Competition	School Running Competition	18/01/2025	Tai Tong Barbecue Area Site 7, MacLehose Trail Section 10

Aberdeen	Walkathon	Hong Kong & Kowloon Walk for Millions	19/01/2025	Aberdeen P.H.A.B Site, Hong Kong Trail Section 4, Aberdeen Reservoir Road, Aberdeen Fitness Trail, Aberdeen Tree Walk, Black's Link
Lantau South	Mountain Bike Competition	Hong Kong Mountain Bike Race-Series 4 (Cross Country)	19/01/2025	The Mui Wo Mountain Bike Practice Ground
Tai Lam	Walkathon	Epworth Walk Fundraising Event	19/01/2025	Shek Kong Barbecue Area Site 3, Pat Heung Catchwater
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Hong Kong 100	18/01/2025 - 19/01/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-8, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	HK50 West	25/01/2025	MacLehose Trail Section 8-10, Lung Mun Country Trail, Tai Lam Chung Country Trail, Yuen Tun Country Trail, Tai Lam Nature Trail, Kap Lung Forest Trail, Yuen Tsuen Ancient Trail , Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail
Plover Cove	Running Competition	Corporate Games	19/01/2025, 26/01/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Tai Tam, Lantau South, Ma On Shan	Multisports Competition	Four Peaks Race	25/01/2025- 26/01/2025	Lantau Trail Section 3, Wilson Trail Section 1, MacLehose Trail Section 4, South Lantau Country Trail, Ma On Shan Country Trail
Sai Kung East, Sai Kung West	Running Competition	CNY Snake tour	31/01/2025	Pak Tam Chung P.H.A.B Site., MacLehose Trail Section 1-3, Luk Wu Country Trail, Cheung Sheung Country Trail, Pak Tam Chung Family Walk
Shina Mun, Tai Lam, Tai Mo Shan	Running Competition	Chuen Lung Trail Race	31/01/2025	Rotary Park, MacLehose Trail Section 7-9, Lung Mun Country Trail, Rotary Club Park Nature Trail, Ho Pui Reservoir Family Walk, Twisk Mountain Bike Trail, Ho Pui Mountain Bike Trail, Kap Lung Forest Trail
Shing Mun	Running Competition	Runaround Grassy Hill Challenge	02/02/2025	MacLehose Trail Section 7, Wilson Trail Section 7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Plover Cove	Walkathon	Walkathon	07/02/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun	Walkathon	AAF Walkathon	08/02/2025	Shing Mun Reservoir Walk, Pineapple Dam Nature Trail
Plover Cove	Running Competition	Correctional Services Department 10K Distance Run	08/02/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Sai Kung East, Sai Kung West	Running Competition	Dowman Road Race	08/02/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Lantau South	Running Competition	Valentine's Day Race	09/02/2025	Lantau Trail Section 12, Chi Ma Wan Country Trail, Chi Ma Wan Mountain Bike Trail

Shing Mun, Plover Cove, Pat Sin Leng, Tai Lam, Tai Mo Shan, Lam Tsuen	Running Competition	9 Dragons - 50 Miles	14/02/2025-15/02/2025	MacLehose Trail Section 8-10, Wilson Trail Section 8-10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Wu Kau Tang Country Trail, Tai Tong Nature Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Yuen Tsuen Ancient Trail, Tai To Yan
Sai Kung East, Sai Kung West	Walkathon	Charity Night Walk	15/02/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Shing Mun, Kam Shan, Lion Rock, Pat Sin Leng, Tai Mo Shan, Lam Tsuen	Running Competition	9 Dragons - 50km	16/02/2025	MacLehose Trail Section 4, 5, 7 & 8, Wilson Trail Section 4, 9 & 10, Wu Kau Tang Country Trail, Eagle's Nest Nature Trail, Lion Rock War Relics Trail, Tai To Yan
Tai Lam	Orienteering Competition	HKOC Championship cum Open Event	16/02/2025	Tai Tong Nature Trail, Tai Lam Nature Trail, Yuen Tun Country Trail, Yuen Tsuen Ancient Trail, Tai Lam Forest Track, Tai Tong Tree Walk
Tai Tam, Tai Tam (Quarry Bay Extension)	Walkathon	Hike for Hospice	16/02/2025	Tai Tam Barbecue Area Site 2, Hong Kong Trail Section 5 & 6, Wilson Trail Section 1 & 2, Tai Tam Country Trail, Eastern Nature Trail, Quarry Bay Jogging Trail
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	HKSOS Trail Run	16/02/2025	Hong Kong Trail Section 1-2, Aberdeen Nature Trail, Pok Fu Lam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Tai Lam	Running Competition	Tuen Mun District Distance Race	16/02/2025	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross-Country Competition	18/02/2025-19/02/2025	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross-Country Competition	20/02/2025- 21/02/2025	Tai Lam Forest Track, MacLehose Trail Section 10
Pok Fu Lam	Walkathon	Walkathon	21/02/2025	Hong Kong Trail Section 2, Pok Fu Lam Family Walk
Sai Kung East, Sai Kung West	Running Competition	Sai Kung 50	22/02/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Sheung Yiu Country Trail, Pak Tam Country Trail, Cheung Sheung Country Trail
Plover Cove, Pat Sin Leng	Running Competition	TGR - 8 Immortals	22/02/2025	Wilson Trail Section 10, Plover Cove Reservoir Country Trail, Double Haven Country Trail, Wu Kau Tang Country Trail, Pat Sin Leng Nature Trail, Fung Hang Family Walk
Tai Tam	Walkathon	Walkathon	22/02/2025	Hong Kong Trail Section 6, Tai Tam Reservoir Road, Tai Tam Family Walk
Plover Cove, Pat Sin Leng	Running Competition	King of the Hills - Tai Po Mountain Marathon	23/02/2025	Wilson Trail Section 8-10, Hok Tau Reservoir Family Walk, Bride's Pool Nature Trail, Lai Chi Wo Nature Trail, Wu Kau Tang Country Trail, Plover Cove Country Trail, Pat Sin Leng Nature Trail
Sai Kung East, Sai Kung West	Running Competition	Hong Kong Hiking Festival	23/02/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Sheung Yiu Country Trail, Pak Tam Chung Nature Trail

Aberdeen, Tai Tam	Running Competition	Four Trails Mini - Hong Kong Trail	23/02/2025	Aberdeen P.H.A.B. Site, Tai Tam Barbecue Area Site 2, Wilson Trail Section 2, Hong Kong Trail Section 3-6, Aberdeen Fitness Trail, Aberdeen Tree Walk
Lam Tsuen	Running Competition	Scout Hiking Race	23/02/2025	Pak Tai To Yan
Ma On Shan	Road Bike Competition	Hong Kong Road Cycling Race - Series 3	23/02/2025	Fei Ngo Shan Road
Pat Sin Leng	Running Competition	Gurkha Trailblazer	01/03/2025	Wilson Trail Section 9 & 10, Lau Shui Heung Country Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	4TUL-NRNG	02/03/2025	Rotary Park, MacLehose Trail Section 5-8, Wilson Trail Section 3, 4, 6 & 7, Shing Mun Reservoir Walk, Lion Rock War Relics Trail, Tai Mo Shan Road
Shing Mun, Kam Shan, Aberdeen, Tai Tam, Lantau South, Lantau North, Tai Lam, Tai Mo Shan, Ma On Shan, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Lantau North (Extension)	Running Competition	Victoria 162	07/03/2025-09/03/2025	Lantau Trail Sections 1- 6 & 12, Maclehorse Trail Sections 4 & 6-10, Wilson Trail Sections 1- 4 & 6-7, Hong Kong Trail Sections 1-6, South Lantau Country Trail, Nei Lak Shan Country Trail, Keung Shan Country Trail, Lung Mun Country Trail, Yuen Tsuen Ancient Trail, Ma On Shan Country Trail, Hong Pak Country Trail, Tai Tam Country Trail Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Shing Mun Reservoir Walk, Kap Lung Forest Trail, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Mui Wo To Pui O Mountain Bike Trail, Mui Wo Mountain Bike Practice Ground, Twisk Mountain Bike Trail, Tsing Fai Tong Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail Nam Shan Tree Walk, Ngong Ping Tree Walk, Reception Reservoir Jogging Trail, Shek Lei Pui Reservoir Jogging Trail, Kam Shan Family Walk, Quarry Bay Jogging Trail, Quarry Bay Tree Walk, Tai Tam Family Walk, Aberdeen Tree Walk, Aberdeen Fitness Trail, Aberdeen Nature Trail, Pok Fu Lam
Plover Cove	Running Competition	Corporate Games	09/03/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Plover Cove, Pat Sin Leng	Running Competition	United Brother 2.0 Misty Trail Challenge	15/03/2025	Wilson Trail Section 10, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Wu Kau Tang Country Trail, Fung Hang Family Walk
Tai Tam	Walkathon	Walk For A Vision	16/03/2025	Wilson Trail Section 1, Hong Kong Trail Section 5, Tai Tam Country Trail
Shing Mun, Tai Mo Shan	Running Competition	Fat Mak Trail Race	16/03/2025	MacLehose Trail Section 7 & 8, Lung Mun Country Trail, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Pat Sin Leng	Running Competition	The Ledger	16/03/2025	Wilson Trail Section 8
Tai Lam	Running Competition	Trail Hike & Run	16/03/2025	Tai Tong Barbecue Area Site 1, MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Tai Tong Tree Walk

Tai Tam (Quarry Bay Extension)	Orienteering Competition	Orienteering Competition	16/03/2025	Wilson Trail Section 2, Quarry Bay Jogging Trail
Sai Kung East, Sai Kung West	Running Competition	Airfly Trail Run 30	16/03/2025	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	All Hong Kong Schools Jing Ying Cross Country (Team) Tournament	19/03/2025	MacLehose Trail Section 10, Tai Lam Forest Track
Shing Mun	Walkathon	St. Francis Xavier's College Anniversary Walkathon	21/03/2025	Wilson Trail Section 7, Shing Mun Reservoir Walk
Tai Lam	Walkathon	Annual Charity Event Long Ducker	22/03/2025	MacLehose Trail Section 10, Tai Lam Chung Reservoir Mountain Bike Trail, Tuen Mum Fitness Trail
Shing Mun	Orienteering Competition	Orienteering Competition	22/03/2025	Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Lam Tsuen	Running Competition	Joint School Trail Walking	22/03/2025	Pak Tai To Yan
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	KOTH - Hong Kong Mountain Marathon	23/03/2025	Wilson Trail Section 1-2, Hong Kong Trail Section 5, Tai Tam Country Trail, Hong Pak Country Trail, Quarry Bay Tree Walk
Shek O	Running Competition	TGR x Sportnote - Pottinger	23/03/2025	Hong Kong Trail Section 8, Pottinger Peak Country Trail, Shek O Mountain Bike Trail
Lantau South, Lantau North	Running Competition	Four Trails Mini - Lantau Trail	23/03/2025	Lantau Trail Section 1- 3
Tai Mo Shan	Orienteering Competition	Orienteering Competition	23/03/2025	Rotary Park, MacLehose Trail Section 8, Rotary Park Nature Trail, Tai Mo Shan Family Walk
Aberdeen, Pok Fu Lam, Lung Fu Shan	Walkathon	Race for Water	23/03/2025	Hong Kong Trail Section 1-4, Pok Fu Lam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section)
Tai Lam	Running Competition	All Hong Kong Schools Jing Ying Cross Country (Team) Tournament	26/03/2025	MacLehose Trail Section 10, Tai Lam Forest Track
Lantau South, Lantau North	Running Competition	Lantau 70	29/03/2025-30/03/2025	Lantau Trail Section 1-6 & 8-12, Keung Shan Country Trail
Tai Lam	Running Competition	Space Tunnel Run	30/03/2025	MacLehose Trail Section 10, Tai Lam Chung Country Trail, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Tai Tong Mountain Bike Trail, Tai Lam Chung Reservoir Mountain Bike Trail

Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Walkathon	Island Scout Trail Walk	30/03/2025	Hong Kong Trail Section 1-8
Kam Shan	Public Meeting	Hong Kong Tehrathum Forum Get Together	30/03/2025	Shek Lei Pui Reservoir Barbecue Area Site 2
Shing Mun, Tai Mo Shan	Running Competition	Bossini. X IT Run	05/04/2025	MacLehose Trail Section 7, Wilson Trail Section 7, Shing Mun Reservoir Walk, Shing Mun Catchwater
Shing Mun, Tai Mo Shan	Running Competition	Runaround Grassy Hill	06/04/2025	MacLehose Trail Section 7, Wilson Trail Section 7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Tai Tam	Walkathon	Walk For A Vision	06/04/2025	Wilson Trail Section 1, Hong Kong Trail Section 5, Tai Tam Country Trail
Sai Kung East, Sai Kung West	Running Competition	Sai Kung Sprints	12/04/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Luk Wu Country Trail, Sheung Yiu Country Trail
Ma On Shan	Walkathon	Walkathon	12/04/2025	Ma On Shan Barbecue Site
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	The Wonders of Tai Mo Shan	12/04/2025	Rotary Park, MacLehose Trail Section 6-8, Wilson Trail Section 6-7, Shek Lei Pui Reservoir Jogging Trail, Reception Reservoir Jogging Trail, Tai Mo Shan Road
Aberdeen, Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Hong Kong Five Peaks	12/04/2025	Hong Kong Trail Section 4-6, Wilson Trail Section 1-2, Tai Tam Country Trail, Quarry Bay Jogging Trail, Aberdeen Tree Walk
Tai Tam	Walkathon	Orbis Walk for Sight	13/04/2025	Hong Kong Trail Section 6
Shing Mun, Tai Mo Shan	Running Competition	Four Trails Mini - MacLehose Trail	13/04/2025	Rotary Park, MacLehose Trail Section 7- 8, Tai Mo Shan Road
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Competition	15/04/2025	Tai Tam Tuk Reservoir Barbecue Area Site 3, Hong Kong Trail Section 6
Tai Lam, Tai Mo Shan	Running Competition	Four Sacred Beasts	19/04/2025	Rotary Park, MacLehose Trail Section 8, Twisk Nature Trail, Rotary Park Nature Trail, Ho Pui Mountain Bike Trail, Kap Lung Forest Trail, Kap Lung Ancient Trail, Tai Mo Shan Road
Kam Shan	Public Meeting	Society Anniversary and Nepali New Year Celebration	20/04/2025	Shek Lei Pui Reservoir Barbecue Area Site 2
Shing Mun, Tai Mo Shan	Orienteering Competition	Hong Kong Orienteering Ranking League - Middle/Long	20/04/2025	MacLehose Trail Section 8

Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Country of Origin	26/04/2025	Lantau Trail Section 1 & 12, Lo Fu Tau Country Trail, Hong Kong Olympic Trail
Tai Tam	Running Competition	Repulse Bay Sprints	26/04/2025	Wilson Trail Section 1-2, Hong Kong Trail Section 5
Plover Cove	Running Competition	SA Long Distance Run	27/04/2025	Plover Cove Reservoir Main Dam
Tai Lam	Running Competition	Yuen Long Cross Country Race	01/05/2025	Tai Tong Barbecue Area Site 1, MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Tai Tong Mountain Bike Trail
Lam Tsuen	Running Competition	Share Our Dream Race	01/05/2025	Pak Tai To Yan
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	TGR - Double Nine	04/05/2025	Hong Kong Trail Section 5, Wilson Trail Section 1-2, Hong Pak Country Trail, Quarry Bay Jogging Trail, Mount Parker Road
Plover Cove, Pat Sin Leng	Running Competition	Four Trails Mini - Wilson Trail	04/05/2025	Wilson Trail Section 8-10, Pat Sin Leng Nature Trail
Lantau South, Lantau North	Running Competition	Lantau Stairmaster	10/05/2025	Nam Shan Barbecue Area Site No. 1, Lantau Trail Section 2-3, Ngong Ping Tree Walk
Tai Tam	Running Competition	Morgan Stanley Corporate Race	10/05/2025	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Four Sacred Beasts	11/05/2025	Tai Tam Barbecue Area Site 2, Wilson Trail Section 1-2, Hong Kong Trail Section 5- 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Plover Cove	Multisports Competition	Festival of Sport- Age Group Triathlon	11/05/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail, Bride's Pool Road
Ma On Shan	Road Bike Competition	Hong Kong Road Cycling Race - Series 1	11/05/2025	Fei Ngo Shan Road
Tsiu Hang Special Area	Orienteering Competition	Hong Kong Annual Trail Orienteering Championships (Temp O) cum World Ranking Event	11/05/2025	Lions Nature Education Centre
Plover Cove	Running Competition	EduHK Annual Cross Country Race	16/05/2025	Plover Cove Reservoir Main Dam
Tai Tam	Running Competition	Twins Stairmaster	17/05/2025	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Tai Tam Reservoir Road

Tai Mo Shan	Orienteering Competition	Selection Race for Team Hong Kong, China - Technical Test	18/05/2025	MacLehose Trail Section 8, Tai Mo Shan Road
Tai Tam	Running Competition	Morgan Stanley Corporate Race	24/05/2025	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Plover Cove, Pat Sin Leng	Running Competition	Hong Kong Trail Championships	25/05/2025	Wilson Trail Section 9 & 10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Plover Cove Reservoir Country Trail, Double Haven Country Trail, Wu Kau Tang Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Bride's Pool Road, Tai Mei Tuk Road, Lau Shui Heung Road
Tai Mo Shan	Running Competition	Suunto Hong Kong	01/06/2025	Rotary Park, MacLehose Trail Section 8
Tai Tam	Running Competition	Morgan Stanley Corporate Race	01/06/2025	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Tai Lam	Running Competition	Four Sacred Beasts-Black Tortoise Town	15/06/2025	MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Lam Nature Trail, Tai Tong Nature Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Tai Tong Mountain Bike Trail, Siu Lam Mountain Bike Trail, Tsing Lung Tau Mountain Bike Trail, Tai Lam Forest Track
Aberdeen	Orienteering Competition	Orienteering Competition-Technical Test	21/06/2025	Aberdeen PHAB Site, Hong Kong Trail Section 3-4, Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk
Shing Mun, Tai Mo Shan	Running Competition	Hong Kong Short-Distance Trail Race-Shing Mun	22/06/2025	MacLehose Trail Section 7, Wilson Trail Section 7, Shing Mun Reservoir Walk
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	Walking Together to Embrace Bauhinia and Walking Cross-Country	22/06/2025	Hong Kong Trail Section 1-4, Aberdeen Nature Trail, Peak Trail (Pinewood Battery Section), Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Aberdeen Tree Walk, Aberdeen Reservoir Road
Lam Tsuen	Running Competition	Joint School Trail Walking	28/06/2025	Pak Tai To Yan
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	Walking Together to Embrace Bauhinia and Walking Cross-Country	29/06/2025	Hong Kong Trail Section 1-4, Aberdeen Nature Trail, Peak Trail (Pinewood Battery Section), Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Aberdeen Tree Walk, Aberdeen Reservoir Road
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	3 Ball Trail Run - Mount Parker	13/07/2025	Wilson Trail Section 2, Hong Kong Trail Section 5 & 6, Tai Tam Family Walk
Plover Cove	Multisports Competition	Summer Triathlon Challenge	03/08/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail, Bride's Pool Road
Shing Mun, Tai Mo Shan	Running Competition	3 Ball Trail Run - Tai Mo Shan	10/08/2025	Rotary Park, MacLehose Trail Section 8, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Shing Mun, Kam Shan	Running Competition	Summer Trail Run - Shing Mun	17/08/2025	MacLehose Trail Section 6 & 7, Wilson Trail Section 6, Shing Mun Reservoir Walk

Plover Cove	Multisports Competition	Aquathlon Championships	24/08/2025	Plover Cove Reservoir Main Dam
Shing Mun, Tai Mo Shan	Running Competition	2025 Chung Hing Cup Tsuen Wan 10K	24/08/2025	Shing Mun Catchwater
Tai Tam	Running Competition	AVOHK 5K Series	30/08/2025	Hong Kong Trail Section 6
Shing Mun, Tai Mo Shan	Running Competition	"RAC" Tsuen Wan 10K Super Summer Challenge Race	31/08/2025	Shing Mun Catchwater
Aberdeen	Running Competition	Cheering for the 15th National Games-Southern District Cross Country Run	31/08/2025	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3, Aberdeen Nature Trail
Aberdeen	Running Competition	AVOHK 5K Series	06/09/2025	Hong Kong Trail Section 4
Ma On Shan	Road Bike Competition	Hong Kong Road Cycling Race - Series 2	07/09/2025	Fei Ngo Shan Road
Pat Sin Leng	Running Competition	Cloudy Hill Challenge Trail	07/09/2025	Wilson Trail Section 9, Lau Shui Heung Country Trail, Hok Tau Reservoir Family Walk
Kam Shan, Lion Rock	Running Competition	3 Ball Trail Run-Beacon Hill	14/09/2025	Wilson Trail Section 5-6, MacLehose Trail Section 5-6, Eagle's Nest Nature Trail, Lion Rock Historic Walk, Reception Reservoir Jogging Trail, Shek Lei Pui Reservoir Jogging Trail
Lantau South	Mountain Bike Competition	Hong Kong Mountain Bike Race-Series 1 (Cross Country)	14/09/2025	The Mui Wo Mountain Bike Practice Ground
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	National Day Mountain Challenge	20/09/2025	Hong Kong Trail Section 1-3, Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Sai Kung East, Sai Kung West	Running Competition	Runaround Sai Kung	21/09/2025	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Sheung Yiu Country Trail, Luk Wu Country Trail
Plover Cove	Cross Harbour Swimming Competition	Cross Tolo Harbour Open Race	21/09/2025	Plover Cove Reservoir Main Dam
Tai Tam	Running Competition	Summer Trail Run @Tai Tam	21/09/2025	Tai Tam Barbecue Area Site 2, Wilson Trail Section 1, Hong Kong Trail Section 5-6
Aberdeen, Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Victoria HOT25	28/09/2025	Tai Tam Barbecue Area Site 2, Wilson Trail Section 2, Hong Kong Trail Section 3, 5 & 6, Tai Tam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Tai Tam Reservoir Road

Plover Cove	Running Competition	Motor Run	01/10/2025	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun, Tai Mo Shan, Lantau South, Lantau North (Extension)	Running Competition	Tai Po Four Trails	04/10/2025	Wilson Trail Section 7, Shing Mun Reservoir Walk, Shing Mun Country Park (Paperbark Tree Forest) Accessible Route, Shing Mun Water Catchment
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	05/10/2025	Lantau Trail Section 2 -3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Shing Mun, Tai Mo Shan	Running Competition	Light 16	11/10/2025	Rotary Park, MacLehose Trail Section 7-8, Tai Mo Shan Road, Tai Mo Shan Forest Track
Sai Kung West, Ma On Shan	Orienteering Competition	Outward Bound Multi-Adventure Race	11/10/2025	Nai Chung Barbecue Site, MacLehose Trail Section 3
Aberdeen	Running Competition	She Run	12/10/2025	Hong Kong Trail Section 3-4, Aberdeen Reservoir Road, Aberdeen Fitness Trail, Lady Clementi's Ride
Plover Cove	Running Competition	St. Jame's Settlement-GORun Together	12/10/2025	Plover Cove Reservoir Main Dam
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	Dark 45	12/10/2025	Kei Leng Ha Barbecue Area, Rotary Park, MacLehose Trail Section 4-8
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	12/10/2025	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Tai Tam	Running Competition	AVOHK Tai Tam Reservoir Race	12/10/2025	Tai Tam Reservoir Road, Hong Kong Trail Section 6
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Moontrekker	17/10/2025-18/10/2025	Lantau Trail Section 3, 11 & 12, South Lantau Country Trail, Tei Tong Tsai Country Trail, Chi Ma Wan Country Trail, Mui Wo to Pui O Mountain Bike Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail
Shing Mun, Tai Mo Shan, Lantau South, Lantau North (Extension)	Running Competition	Tai Po Four Trails	18/10/2025	Wilson Trail Section 7, Shing Mun Reservoir Walk, Shing Mun Country Park (Paperbark Tree Forest) Accessible Route, Shing Mun Water Catchment
Shing Mun, Kam Shan, Lion Rock, Tai Tam, Ma On Shan, Tai Tam (Quarry Bay Extension)	Running Competition	Raleigh Challenge - Wilson Trail	18/10/2025	Tai Tam Barbecue Area Site No.2, Wilson Trail Section 6-10, Hong Kong Trail Section 6, Tai Tam Reservoir Road
Plover Cove	Running Competition	HKAYD Run With Us	19/10/2025	Plover Cove Reservoir Main Dam
Tai Lam	Orienteering Competition	MOPC Orienteering Championships cum Hong Kong Orienteering Ranking League - Middle/Long	19/10/2025	Tai Shu Ha Road West

Tai Lam	Public Meeting	Training for the Enhanced Smart Teen Project	21/10/2025	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Tai Lam	Running Competition	Inter-class running event	23/10/2025, 24/10/2025	Tai Lam Forest Track, MacLehose Trail Section 10
Lantau South, Lantau North	Running Competition	Lantau 30	25/10/2025	Lantau Trail Section 1-3 & 10-11, Shek Pik Country Trail, Pui O to Kau Ling Chung Mountain Bike Trail
Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan	Running Competition	HK50 Hong Kong Island	25/10/2025	Hong Kong Trail Section 1-5, Wilson Trail Section 1-2, Hong Pak Country Trail, Tai Tam Country Trail, Pok Fu Lam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Quarry Bay Orienteering Trail, Quarry Bay Jogging Trail
Shing Mun, Kam Shan, Lion Rock, Tai Lam, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	Ultra Fish N Sheep Trail Run	25/10/2025-26/10/2025	Wilson Trail Section 3-4, MacLehose Trail Section 5-9, Lung Mun Country Trail, Yuen Tsuen Ancient Trail, Twisk Mountain Bike Trail, Tai To Yan, Shing Mun Water Catchment, Tai Mo Shan Road
Aberdeen	Running Competition	AVOHK Aberdeen Reservoir Race	26/10/2025	Hong Kong Trail Section 3-4, Aberdeen Fitness Trail, Aberdeen Tree Walk, Lady Clementi's Ride
Plover Cove, Pat Sin Leng	Running Competition	HK Wild 50	26/10/2025	Plover Cove Main Dam, Wilson Trail Section 8-10, Lau Shui Heung Country Trail, Plover Cove Reservoir Country Trail, Pat Sin Leng Nature Trail, Tai Mei Tuk Family Walk, Hok Tau Reservoir Family Walk
Tai Lam	Running Competition	Hong Kong Short-distance Trail Race	26/10/2025	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Tai Tong Nature Trail, Yuen Tsuen Ancient Trail, Tai Lam Chung Reservoir Mountain Bike Trail
Tai Lam	Running Competition	Inter-class running event	27/10/2025	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	School Running Competition	28/10/2025	Tai Tong Barbecue Area Site 6, Tai Lam Forest Track
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Buddha You Run	45962	Lantau Trail Section 3, Nei Nak Shan Country Trail, Tei Tong Tsai Country Trail, Ngong Ping Tree Walk
Shing Mun, Kam Shan, Lion Rock, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	MacLehose Trail Warm-up Race- Double Au	01/11/2025-02/11/2025	Pak Tam Chung P.H.A.B. Site, Rotary Park, Sha Tin Pass Barbecue Area Site 2, MacLehose Trail Section 3-8, Wilson Trail Section 6, Pak Tam Chung Family Walk
Pat Sin Leng, Lam Tsuen	Running Competition	Mountain Range Trail Series Tai Po	02/11/2025	Wilson Trail Section 9, Hok Tau Country Trail, Lau Shui Heung Country Trail, Hok Tau Reservoir Family Walk, Lau Shui Heung Road, Tai To Yan
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	Sowers Action Challenging 12 Hours	02/11/2025	Wilson Trail Section 4-8, MacLehose Trail Section 5&7, Shing Mun Reservoir Walk
Tai Lam	Running Competition	Inter-School Cross-Country Competition	03/11/2025, 04/11/2025, 05/11/2025	MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Yuen Tsuen Ancient Trail

Pok Fu Lam	Running Competition	ISSFHK Cross Country Running Race	04/11/2025	Hong Kong Trail Section 2, Pok Fu Lam Family Walk
Tai Lam	Running Competition	Inter-School Cross-Country Competition	06/11/2025	MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Yuen Tsuen Ancient Trail
Tai Lam	Walkathon	School Walkathon	07/11/2025	MacLehose Trail Section 10, Tuen Mun Fitness Trail
Pok Fu Lam	Running Competition	King's College Annual Cross-country Race	07/11/2025	Pok Fu Lam Reservoir Road, Hong Kong Trail Section 2
Shing Mun	Running Competition	AVOHK Reservoir Series - Shing Mun Reservoir	09/11/2025	Wilson Trail Section 7, Shing Mun Jogging Trail, Shing Mun Reservoir Walk
Tai Lam	Running Competition	RMAC Gold Coast 15K	09/11/2025	Ting Kau Catchwater
Tai Lam	Running Competition	Inter-School Cross-Country Competition	10/11/2025, 11/11/2025, 12/11/2025	MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Yuen Tsuen Ancient Trail
Aberdeen	Running Competition	School Annual Cross Country Competition	12/11/2025	Aberdeen PHAB Site, Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk, Aberdeen Country Park (Aberdeen Upper Reservoir) Accessible Route
Tai Lam	Running Competition	Inter-School Cross-Country Competition	13/11/2025	MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Yuen Tsuen Ancient Trail
Aberdeen	Running Competition	Inter-School Competition	13/11/2025	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Kam Shan	Running Competition	Inter-School Competition	14/11/2025	MacLehose Trail Section 6, Shek Lei Pui Reservoir Jogging Trail, Kowloon Reception Reservoir Jogging Trail, Kam Shan Tree Walk
Tai Lam	Walkathon	School Walkathon	14/11/2025	MacLehose Trail Section 10, Tuen Mun Fitness Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	TransLantau by UTMB	14/11/2025-16/11/2025	Lantau Trail Section 1-6, 9, 10 & 12, Chi Ma Wan Country Trail, Keung Shan Country Trail, Nei Lak Shan Country Trail, Shek Pik Country Trail, South Lantau Country Trail, Tei Tong Tsai Country Trail, Wong Lung Hang Country Trail, Lo Fu Tau Country Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail, Pui O To Kau Ling Chung Mountain Bike Trail

Lantau South, Lantau North, Lantau North (Extension)	Running Competition	TransLantau50 by UTMB	16/11/2025	Lantau Trail Section 2 & 12, Lo Fu Tau Country Trail, South Lantau Country Trail, Chi Ma Wan Country Trail, Chi Ma Wan Mountain Bike Trail, Mui Wo To Pui O Mountain Bike Trail, Island Nature Heritage Trail- Mui Wo Section
Plover Cove	Running Competition	Inter-Hong Long Distance Run	16/11/2025	Plover Cove Reservoir Main Dam
Tai Lam	Walkathon	Walkathon	16/11/2025	Tai Tong Barbecue Area Site 7, MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Yuen Tun Country Trail, Yuen Tsuen Ancient Trail
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 58Km Ultra Trail Run	22/11/2025	Pak Tam Chung P.H.A.B Site, MacLehose Trail Section 1-2, Pak Tam Chung To Biu Tsim Kok Hiking Trail, Tai Long Wan Hiking Trail, Pak Tam Chung Family Walk
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Run Charity Race	22/11/2025	Wilson Trail Section 2, Hong Kong Trail Section 5 & 6, Tai Tam Family Walk
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Island Hike and Run	23/11/2025	Wilson Trail Section 1-2, Hong Kong Trail Section 5-6, Tai Tam Country Trail, Wong Nai Chung Tree Walk, Eastern Nature Trail
Tai Lam	Running Competition	Tai Tong 30	23/11/2025	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 9-10, Tai Lam Forest Track, Tai Lam Nature Trail, Siu Lam Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Tai Tong Mountain Bike Trail, Twisk Mountain Bike Trail
Tai Lam	Running Competition	Inter-class running event	24/11/2025, 25/11/2025	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Public Meeting	Training for the Enhanced Smart Teen Project	25/11/2025	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Tai Lam	Running Competition	Inter-class running event	27/11/2025	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Mini Meet	04/12/2025	Tuen Mum Fitness Trail, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Competition	05/12/2025	Tai Tong Barbecue Area Site No.7, Tai Lam Forest Track, MacLehose Trail Section 10
Aberdeen	Running Competition	Inter-School Competition	05/12/2025	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail
Shing Mun	Running Competition	Running Competition	06/12/2025	MacLehose Trail Section 7, Wilson Trail Section 6-8, Shing Mun Reservoir Walk, Shing Mun Jogging Trail
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	Lockton Fearless Dragon Trail Run	07/12/2025	Hong Kong Trail Section 1-4, Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)

Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race (Downhill)	07/12/2025	Ho Pui Mountain Bike Trail
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