

Duration: 01/01/2026 - 11/06/2026				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Plover Cove, Pat Sin Leng	Running Competition	New Year N.E. Mountain Race	01/01/2026	Hok Tau Reservoir Barbecue Area Site 6, Wilson Trail Section 9-10, Lau Sheung Heung Country Trail, Hok Tau Country Trail, Double Haven Country Trail, Wu Kau Tang Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk
Kam Shan	Public Meeting	Tamu Lhochhar	01/01/2026	Shek Lei Pui Reservoir Barbecue Area Site No.2
Sai Kung East, Sai Kung West	Running Competition	Dowman Road Race	10/01/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Plover Cove	Running Competition	Correction Services Department 10K Distance Run	10/01/2026	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	The Wonders of Tai Mo Shan	10/01/2026	MacLehose Trail Section 7- 8, Wilson Trail Section 6-7, Kam Shan Tree Walk
Tai Tam	Running Competition	Prudential Corporate Challenge	11/01/2026	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Sai Kung East, Sai Kung West	Running Competition	The Road Scholars China Coast Marathon and Half Marathon & The Community Chest Sun Hung Kai Properties Corporate Challenge	11/01/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	KOTH Lantau Mountain Marathon	11/01/2026	Lantau Trail Section 2-4, Nei Lak Shan Country Trail, South Lantau Country Trail
Tai Lam	Public Meeting	Training for the Enhanced Smart Teen Project	13/01/2026	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Tai Tam, Lantau South, Ma On Shan	Multisports Competition	Four Peaks Race	17/01/2026-18/01/2026	Lantau Trail Section 3, MacLehose Trail Section 4, Wilson Trail Section 1, South Lantau Country Trail, Ma On Shan Country Trail
Shing Mun	Running Competition	Sham Shui Po Distance Run	18/01/2026	MacLehose Trail Section 7, Shing Mun Reservoir Walk
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Third	22/01/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Luk Wu Country Trail
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Championship	23/01/2026	Tai Tong Barbecue Area Site No. 7, MacLehose Trail Section 10, Tai Tong Mountain Bike Trail
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Half	23/01/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Cheung Sheung Country Trail, Pak Tam Chung Family Walk

Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Hong Kong 100	24/01/2026-25/01/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-8, Cheung Sheung Country Trail, Ma On Shan Country Trail, Eagle's Nest Nature Trail
Aberdeen	Walkathon	Epworth Walk Fundraising Event	25/01/2026	Aberdeen P.H.A.B. Site, Aberdeen Reservoirs Walk, Aberdeen Country Park (Aberdeen Upper Reservoir) Accessible Trail, Aberdeen Wheel Chair Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk
Plover Cove	Multisports Competition	2026 Duathlon Series - Race 1	25/01/2026	Bride's Pool Road, Plover Cove Reservoir Main Dam
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race (Downhill)	25/01/2026	Ho Pui Mountain Bike Trail
Tai Lam	Public Meeting	Training for the Enhanced Smart Teen Project	27/01/2026	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Pat Sin Leng	Running Competition	Gurkha Trailblazer	31/01/2026	Wilson Trail Section 9-10, Lau Shui Heung Country Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk
Sai Kung East, Sai Kung West	Running Competition	Suunto Spark Run	31/01/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 2-3, Luk Wu Country Trail, Tai Tan Country Trail, Cheung Sheung Country Trail, Wong Shek Family Walk
Tai Lam	Running Competition	Kei Long Long-Distance Run	31/01/2026	Tai Tong Barbecue Area Site No. 7, MacLehose Trail Section 10
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Walkathon	Green Power Hike for a Green Future	31/01/2026-01/02/2026	Aberdeen P.H.A.B. Site, Tai Tam Barbecue Area Site No. 2, Hong Kong Trail Section 1-8
Shing Mun, Tai Mo Shan	Running Competition	NRNG- Fat Mak Trail Race	01/02/2026	MacLehose Trail Section 7-8, Lung Mun Country Trail, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Sai Kung East, Sai Kung West	Running Competition	Suunto Spark Run	01/02/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 2-3, Pak Tam Country Trail, Pak Tam Chung Family Walk
Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	HK50 West	07/02/2026	MacLehose Trail Section 8-10, Lung Mun Country Trail, Tai Lam Chung Country Trail, Yuen Tun Country Trail, Tai Lam Nature Trail, Kap Lung Forest Trail, Yuen Tsuen Ancient Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail
Tai Tam (Quarry Bay Extension)	Orienteering Competition	Hong Kong Inter-Schools Orienteering Championships	07/02/2026	Quarry Bay Jogging Trail, Quarry Bay Orienteering Trail
Pok Fu Lam	Walkathon	Walk with PRIDE Walkathon	07/02/2026	Hong Kong Trail Section 2
Plover Cove	Running Competition	Masters Games	08/02/2026	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail

Tai Lam, Tai Mo Shan	Running Competition	Kailas Four Sacred Beasts-Tiger Leap	08/02/2026	Rotary Park, MacLehose Trail Section 8, Twisk Nature Trail, Rotary Park Nature Trail, Ho Pui Mountain Bike Trail, Kap Lung Forest Trail, Kap Lung Ancient Trail, Tai Mo Shan Road
Kam Shan	Public Meeting	Hong Kong Tehrathum Forum Get Together	08/02/2026	Shek Lei Pui Reservoir Barbecue Area Site No.2
Aberdeen, Tai Tam	Running Competition	Four Trails Mini - Hong Kong Trail	08/02/2026	Aberdeen P.H.A.B. Site , Tai Tam BBQ site No. 2 Wilson Trail Section 2, Hong Kong Trail Section 3-6, Aberdeen Fitness Trail, Aberdeen Tree Walk
Sai Kung East, Sai Kung West	Running Competition	King of the Hills - Sai Kung Mountain Marathon	08/02/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 2-3, Cheung Sheung Country Trail, Luk Wu Country Trail, Pak Tam Country Trail, Tai Tan Country Trail, Pak Tam Chung Family Walk, Wong Shek Family Walk, Wong Shek Tree Walk, Tai Long Wan Hiking Trail
Tai Lam	Running Competition	Running Competition	15/02/2026	MacLehose Trail Section 10
Shing Mun, Kam Shan, Lion Rock, Sai Kung West, Ma On Shan	Running Competition	Touge Fifty	15/02/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 3-4, Pak Tam Chung Family Walk
Lantau South	Running Competition	Valentine's Day Race	15/02/2026	Lantau Trail Section 12, Chi Ma Wan Country Trail, Chi Ma Wan Mountain Bike Trail
Tai Lam	Orienteering Competition	Yan Oi Tong Orienteering	15/02/2026	Tai Tong Barbecue Area Site 3 , MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Tai Tong Shan Road
Kam Shan	Public Meeting	Family Society Gathering	17/02/2026	Shek Lei Pui Reservoir Barbecue Area Site No.2
Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	Chuen Lung Trail Race	19/02/2026	Rotary Park, MacLehose Trail Section 7-9, Lung Mun Country Trail, Rotary Club Park Nature Trail, Ho Pui Reservoir Family Walk, Twisk Mountain Bike Trail, Ho Pui Mountain Bike Trail, Kap Lung Forest Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	CNY Horse Tour	19/02/2026	Tai Tam Barbecue Area Site 2, Mount Parker Road Barbecue Area Site 1, Wilson Trail Section 1-2, Hong Kong Trail Section 5-6, Tai Tam Family Walk, Sir Cecil's Ride, Tai Tam Reservoir Road
Plover Cove, Pat Sin Leng	Running Competition	Hong Kong Trail Championships	22/02/2026	Plover Cove Reservoir Main Dam, Wilson Trail Section 9 & 10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Plover Cove Reservoir Country Trail, Double Haven Country Trail, Wu Kau Tang Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Bride's Pool Road, Tai Mei Tuk Road, Lau Shui Heung Road
Plover Cove	Running Competition	EdUHK Annual Cross Country Race	23/02/2026	Plover Cove Reservoir Main Dam
Tai Tam (Quarry Bay Extension)	Orienteering Competition	Hong Kong Inter-Schools Orienteering Championships	28/02/2026	Quarry Bay Jogging Trail, Quarry Bay Orienteering Trail
Tai Tam	Running Competition	Prudential Corporate Challenge	28/02/2026	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road

Shing Mun, Plover Cove, Pat Sin Leng, Tai Lam, Tai Mo Shan, Lam Tsuen	Running Competition	The 9 Dragons - 50 Miles	28/02/2026	MacLehose Trail Section 8-10, Wilson Trail Section 8-10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Wu Kau Tang Country Trail, Tai Tong Nature Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Yuen Tsuen Ancient Trail, Tai To Yan
Sai Kung East, Sai Kung West	Running Competition	Sai Kung 50	28/02/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Sheung Yiu Country Trail, Pak Tam Country Trail, Cheung Sheung Country Trail
Lantau South, Lantau North	Running Competition	Four Trails Mini - Lantau Trail	01/03/2026	Lantau Trail Section 1- 3, Ngong Ping Trail (Lantau Peak Section)
Shing Mun, Kam Shan, Lion Rock, Pat Sin Leng, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	The 9 Dragons - 50km & 25km	01/03/2026	MacLehose Trail Section 4, 5, 7 & 8, Wilson Trail Section 4, 9 & 10, Wu Kau Tang Country Trail, Eagle's Nest Nature Trail, Lion Rock War Relics Trail, Tai To Yan
Sai Kung East, Sai Kung West	Running Competition	Sai Kung Speed - NRNG	01/03/2026	Pak Tam Chung P.H.A.B Site, MacLehose Trail Section 2-3, Tai Tan Country Trail, Wong Shek Tree Walk, Pak Tam Chung Family Walk, Wong Shek Family Walk
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Four Sacred Beasts-Dragon Soar	01/03/2026	Tai Tam Barbecue Area Site 2, Wilson Trail Section 1-2, Hong Kong Trail Section 5- 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Tai Lam	Running Competition	Inter-School Cross-Country Competition	03/03/2026, 04/03/2026, 05/03/2026	MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Yuen Tsuen Ancient Trail
Pok Fu Lam	Walkathon	Walkathon	06/03/2026	Hong Kong Trail Section 2, Pok Fu Lam Family Walk
Tai Lam	Running Competition	Inter-School Cross-Country Competition	06/03/2026	MacLehose Trail Section 10, Tai Lam Forest Track, Tai Lam Nature Trail, Tai Tong Mountain Bike Trail, Yuen Tsuen Ancient Trail
Shing Mun, Kam Shan, Aberdeen, Tai Tam, Lantau South, Lantau North, Tai Lam, Tai Mo Shan, Ma On Shan, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Lantau North (Extension)	Running Competition	Victoria 162	06/03/2026-08/03/2026	Lantau Trail Sections 1- 6 & 12, MacLehose Trail Sections 4 & 6-10, Wilson Trail Sections 1- 4 & 6-7, Hong Kong Trail Sections 1-6, South Lantau Country Trail, Nei Lak Shan Country Trail, Keung Shan Country Trail, Lung Mun Country Trail, Yuen Tsuen Ancient Trail, Ma On Shan Country Trail, Hong Pak Country Trail, Tai Tam Country Trail, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Shing Mun Reservoir Walk, Kap Lung Forest Trail, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Mui Wo To Pui O Mountain Bike Trail, Mui Wo Mountain Bike Practice Ground, Twisk Mountain Bike Trail, Tsing Fai Tong Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Reception Reservoir Jogging Trail, Shek Lei Pui Reservoir Jogging Trail, Kam Shan Family Walk, Quarry Bay Jogging Trail, Quarry Bay Tree Walk, Tai Tam Family Walk, Aberdeen Tree Walk, Aberdeen Fitness Trail, Aberdeen Nature Trail, Pok Fu Lam Family Walk
Plover Cove	Multisports Competition	2026 Duathlon Series - Race 2	08/03/2026	Bride's Pool Road, Plover Cove Reservoir Main Dam
Ma On Shan	Orienteering Competition	HKOC Championships cum Ranking League - Middle Distance	08/03/2026	MacLehose Trail Section 4, Ma On Shan Country Trail
Pat Sin Leng	Running Competition	The Ledger	14/03/2026	Wilson Trail Section 8

Tai Lam	Running Competition	Annual Charity Event Long Ducker	14/03/2026	MacLehose Trail Section 10, Tai Lam Chung Reservoir Mountain Bike Trail, Tuen Mum Fitness Trail
Tai Tam	Running Competition	Repulse Bay Sprints	14/03/2026	Wilson Trail Section 1-2, Hong Kong Trail Section 5
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Walkathon	Island Scout Trail Walk	15/03/2026	Hong Kong Trail Section 1-8
Plover Cove	Running Competition	GigaSports X Run for Challenge 10K Race	15/03/2026	Plover Cove Reservoir Main Dam, Bride's Pool Road
Tai Lam	Running Competition	NRNG - Space Tunnel Run	15/03/2026	MacLehose Trail Section 10, Tai Lam Chung Country Trail, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Tai Tong Mountain Bike Trail, Tai Lam Chung Reservoir Mountain Bike Trail
Shing Mun, Tai Mo Shan	Running Competition	Runaround HGN	15/03/2026	MacLehose Trail Section 7, Wilson Trail Section 7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Lion Rock, Ma On Shan	Running Competition	Airfly Trail Race	15/03/2026	MacLehose Trail Section 4-5, Ma On Shan Country Trail, Lion Rock Relics Trail
Tai Lam	Running Competition	All Hong Kong Schools Jing Ying Cross Country (Team) Tournament	17/03/2026	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	All Hong Kong Schools Jing Ying Cross Country (Team) Tournament	19/03/2026	MacLehose Trail Section 10, Tai Lam Forest Track
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan	Running Competition	Himalayan Harmony	22/03/2026	Rotary Park, MacLehose Trail Section 5-8, Wilson Trail Section 5-6, Lung Mun Country Trail, Rotary Park Nature Trail, Eagle's Nest Nature Trail, Shing Mun Reservoir Walk, Kam Shan Family Walk, Lion Rock War Relics Trail, Lion Rock Historic Walk, Shing Mun Country Park (Paperbark Tree Forest) Accessible Route
Lam Tsuen	Running Competition	New Territories East Hiking	22/03/2026	Pak Tai To Yan
Plover Cove	Walkathon	V Walkathon	22/03/2026	Tai Mei Tuk Family Walk, Plover Cove Reservoir Main Dam
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	KOTH - Hong Kong Mountain Marathon	22/03/2026	Wilson Trail Section 1-2, Hong Kong Trail Section 5, Tai Tam Country Trail, Hong Pak Country Trail, Quarry Bay Tree Walk
Tai Lam	Running Competition	S+ Urban Run - Tuen Mun Town Plaza Street Run	28/03/2026	MacLehose Trail Section 10
Lantau South, Lantau North	Running Competition	Lantau 70	28/03/2026	Lantau Trail Section 1-6 & 8-12, Keung Shan Country Trail

Lam Tsuen	Running Competition	Joint School Trail Walking	28/03/2026	Pak Tai To Yan
Shing Mun	Running Competition	Running Race	28/03/2026	Shing Mun Catchwater
Tai Lam	Running Competition	Healthy Hike & Run	29/03/2026	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Yuen Tun Country Trail, Tai Tong Nature Trail, Tai Tong Mountain Bike Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Siu Lam Mountain Bike Trail, Tai Tong Tree Walk, Yuen Tsuen Ancient Trail
Shing Mun, Tai Mo Shan	Running Competition	Four Trails Mini - MacLehose Trail	29/03/2026	Rotary Park, MacLehose Trail Section 7- 8, Tai Mo Shan Road
Tai Tam	Walkathon	Walk For A Vision	29/03/2026	Wilson Trail Section 1, Hong Kong Trail Section 5, Tai Tam Country Trail
Pat Sin Leng	Running Competition	Trail X	29/03/2026	Wilson Trail Section 9, Lau Shui Heung Country Trail, Hok Tau Reservoir Family Walk
Ma On Shan	Road Bike Competition	Hong Kong Road Cycling Race - Series 1	05/04/2026	Fei Ngo Shan Road
Aberdeen, Tai Tam, Tai Tam (Quarry Bay Ex	Running Competition	Hong Kong Five Peaks	11/04/2026	Hong Kong Trail Section 4-6, Wilson Trail Section 1-2, Tai Tam Country Trail, Quarry Bay Jogging Trail, Aberdeen Tree Walk
Shing Mun, Tai Mo Shan	Running Competition	It's Time To Run	12/04/2026	MacLehose Trail Section 7, Wilson Trail Section 7, Shing Mun Reservoir Walk, Shing Mun Catchwater
Plover Cove, Pat Sin Leng	Running Competition	King of the Hills - Tai Po Mountain Marathon	12/04/2026	Wilson Trail Section 8-10, Hok Tau Reservoir Family Walk, Bride's Pool Nature Trail, Lai Chi Wo Nature Trail, Wu Kau Tang Country Trail, Plover Cove Country Trail, Pat Sin Leng Nature Trail
Sai Kung East, Sai Kung West	Running Competition	Sai Kung Sprint	12/04/2026	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Luk Wu Country Trail, Pak Tam Chung Family Walk
Tai Tam	Walkathon	Orbis Walk for Sight	12/04/2026	Hong Kong Trail Section 6, Tai Tam Country Park (Tai Tam Tuk Reservoir) Accessible Route
Tai Mo Shan	Orienteering Competition	Orienteering	18/04/2026	Tai Mo Shan Family Walk
Tai Tam, Tai Tam (Quarry Bay Extension)	Walkathon	Hike for Hospice	19/04/2026	Hong Kong Trail Section 5-6, Wilson Trail Section 1-2, Tai Tam Country Trail, Eastern Nature Trail, Quarry Bay Jogging Trail
Kam Shan, Lion Rock	Running Competition	ROUND THE LION	19/04/2026	MacLehose Trail Section 5, Wilson Trail Section 5, Eagle's Nest Nature Trail, Lion Rock Relics Trail

Plover Cove	Walkathon	Walkathon	19/04/2026	Fung Hang Family Walk
Tai Lam	Running Competition	Running Competition	24/04/2026	Tai Tong Barbecue Area Site 3, MacLehose Trail Section 10, Tai Tong Mountain Bike Trail, Tai Tong Shan Road
Plover Cove, Pat Sin Leng	Running Competition	Four Trails Mini - Wilson Trail	26/04/2026	Wilson Trail Section 8-10, Pat Sin Leng Nature Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Hike for Hospice	26/04/2026	Hong Kong Trail Section 5-6, Wilson Trail Section 1-2, Tai Tam Country Trail, Eastern Nature Trail, Quarry Bay Jogging Trail
Tai Lam	Running Competition	Four Sacred Beasts-Black Tortoise Town	26/04/2026	MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Lam Nature Trail, Tai Tong Nature Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Tai Tong Mountain Bike Trail, Siu Lam Mountain Bike Trail, Tsing Lung Tau Mountain Bike Trail, Tai Lam Forest Track
Lantau North (Extension)	Running Competition	Action Sprint- Discovery Bay	26/04/2026	Lo Fu Tau Country Trail
Tai Lam	Running Competition	Yuen Long Cross Country Race	01/05/2026	Tai Tong Barbecue Area Site 1, MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Tai Tong Mountain Bike Trail
Plover Cove	Multisports Competition	Festival of Sport - Age Group Triathlon	03/05/2026	Plover Cove Reservoir Main Dam, Bride's Pool Road
Tai Tam	Running Competition	Morgan Stanley Corporate Race	17/05/2026	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Tai Tam, Shek O	Running Competition	Mount to Coast Why not 100	23/05/2026	Hong Kong Trail Section 6-8, Wilson Trail Section 3, Pottinger Peak Country Trail, TTCP (Tai Tam Tuk Reservoir) Accessible Route
Tai Lam	Running Competition	Runaround Tai Tong	24/05/2026	Tai Tong Barbecue Area Site 1, MacLehose Trail Section 10, Yuen Tsuen Ancient Trail, Tai Lam Nature Trail, Siu Lam Mountain Bike Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Tai Tong Mountain Bike Trail
Tai Lam	Running Competition	Running Competition	29/05/2026	Tai Tong Barbecue Area Site 3, MacLehose Trail Section 10, Tai Tong Mountain Bike Trail, Tai Tong Shan Road
Plover Cove	Running Competition	Power of Love Plover Cove Run	31/05/2026	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Tai Tam	Running Competition	Morgan Stanley Corporate Race	31/05/2026	Tai Tam Barbecue Area Site No. 2, Wilson Trail Section 1, Hong Kong Trail Section 6, Tai Tam Family Walk, Tai Tam Reservoir Road
Tai Mo Shan	Running Competition	Suunto Hong Kong	07/06/2026	Rotary Park, MacLehose Trail Section 8