



漁農自然護理署  
Agriculture, Fisheries and  
Conservation Department

# 有機耕作知多點

## 我們為何要支持有機耕作

- 可生產健康、有營養而不含有害殘餘化學物的食物
- 可保護我們的空氣、土壤、食水和食物供應，免受潛在的有毒化學物和其他污染物污染
- 可把植物殘渣和動物糞便循環使用，節省天然資源
- 可促進各式物種在平衡的生態系統中和諧並存
- 可護理土地以傳後世

## Why should we support Organic Farming

- Produces healthy and nutritious food free of harmful chemical residues
- Protects our air, soil, water and food supply from potentially toxic chemicals and other pollutants
- Conserves natural resources by recycling plant residues and animal manures
- Encourages an abundance of species living in balanced, harmonious ecosystems
- Nurtures and maintains the land for future generation

每一項有機耕作的操作方式都是互相緊扣  
Each organic practice is inter-connected

# Know more about Organic Farming

