

# Frequently Asked Questions

**Question 1. What are the opening hours of the Mui Wo Mountain Bike Practice Ground?**

**Answer 1.** There is no limit on opening hours of the Mui Wo Mountain Bike Practice Ground. For safety, users should ride only in daytime, pay attention to the weather condition and select suitable facilities or trails according to their own experience/skills. Children aged 12 or below should be accompanied by leader or adult.

**Question 2. Are there any charges for using the facilities of the Mui Wo Mountain Bike Practice Ground?**

**Answer 2.** The facilities in the Mui Wo Mountain Bike Practice Ground are open for members of the public to use free of charge.

**Question 3. How can I reach the Mui Wo Mountain Bike Practice Ground?**

**Answer 3.** Members of the public can take ferry, bus or other transportation means to reach the Mui Wo Mountain Bike Trails East Entrance. Access to the Practice Ground via an emergency vehicular access which is connected to the road leading to Lai Chi Yuen Cemetery is also available.

**Question 4. Are there any codes to pay attention to when biking in Country Parks?**

**Answer 4.** Please refer to the following webpages for more information on Code of Mountain Biking in Country Parks and safety equipment.

Code of Mountain Biking in Country Parks:

[https://www.afcd.gov.hk/tc\\_chi/country/cou\\_vis/cou\\_vis\\_mou/files/Code\\_of\\_Mountain\\_Biking\\_in\\_CP.jpg](https://www.afcd.gov.hk/tc_chi/country/cou_vis/cou_vis_mou/files/Code_of_Mountain_Biking_in_CP.jpg)

Safety Equipment for Mountain Biking:

[https://www.afcd.gov.hk/tc\\_chi/country/cou\\_vis/cou\\_vis\\_mou/files/MBT\\_Safety.jpg](https://www.afcd.gov.hk/tc_chi/country/cou_vis/cou_vis_mou/files/MBT_Safety.jpg)

**Question 5.** Is there any bike-renting service in the Mui Wo Mountain Bike Practice Ground?

**Answer 5.** There is no bike-renting service in the Mui Wo Mountain Bike Practice Ground. Users should bring their own bikes and safety equipment (such as helmets, knee pads, etc.). If necessary, they may also consider checking out bike-renting at private service providers (such as bike shops at Mui Wo).