

Duration: 01/08/2023 - 04/04/2024				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Tai Mo Shan	Running Competition	3 Ball Trail Run - Tai Mo Shan	12/08/2023	Rotary Park, MacLehose Trail Section 8, Rotary Park Nature Trail
Plover Cove	Multisports Competition	Duathlon Series Race	13/08/2023	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen, Tai Tam	Running Competition	5 Lakes	27/08/2023	Aberdeen P.H.A.B. Site, Tai Tam Barbecue Area Site 2, Wilson Trail Section 1, Hong Kong Trail Section 4 & 6, Tai Tam Country Trail, Tai Tam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk
Shing Mun, Tai Mo Shan	Running Competition	Chung Hing Cup - Tsuen Wan 10K Super Summer Challenge Race	27/08/2023	Shing Mun Catchwater
Sai Kung East, Sai Kung West	Running Competition	Summer Trail Run @Sai Kung	03/09/2023	Pak Tam Chung P.H.A.B. Site, Maclehorse Trail Section 1, Luk Wu Country Trail
Lion Rock	Running Competition	3 Ball Trail Run-Beacon Hill	09/09/2023	Wilson Trail Section 5, MacLehose Trail Section 5
Aberdeen	Multisports Competition	Deep Water Bay Kayak and run	09/09/2023	Hong Kong Trail Section 4
Plover Cove	Multisports Competition	Hong Kong Triathlon Championship	17/09/2023	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension)	Running Competition	Victoria HOT25 & V10 Parker Pony	24/09/2023	Hong Kong Trail Section 3-6, Wilson Trail Section 2, Tai Tam Family Walk, Pok Fu Lam Tree Walk, and Aberdeen Tree Walk
Shing Mun	Walkathon	Yan Chai Charity Walk	24/09/2023	MacLehose Trail Section 7
Sai Kung West	Multisports Competition	Outward Bound Multi-Race	24/09/2023	MacLehose Trail Section 3
Plover Cove, Pat Sin Leng	Running Competition	TGR - 8 Immortals	24/09/2023	Wilson Trail Section 10, Pat Sin Leng Nature Trail, Fung Hang Family Walk
Aberdeen, Tai Tam	Running Competition	5 Lakes (Virtual Run)	28/08/2023 - 27/09/2023	Wilson Trail Section 1, Hong Kong Trail Section 4 & 6, Tai Tam Country Trail, Tai Tam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk

Plover Cove	Public Meeting	Cross Tolo Harbour Open Race	30/09/2023	Plover Cove Reservoir Main Dam
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	National Day Unity Trail Run	30/09/2023	Hong Kong Trail Section 1-3, Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Sai Kung East, Sai Kung West	Running Competition	COROS Spark 100	30/09/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	Ferei Dark 45	01/10/2023	Kei Leng Ha Barbecue Area, Rotary Park, MacLehose Trail Section 4-8
Plover Cove	Running Competition	Motor Run	01/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Plover Cove	Running Competition	Stronger Run	01/10/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	COROS Spark 100	01/10/2023 - 03/10/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-7, Wilson Trail Section 7
Aberdeen	Running Competition	School Running Race	04/10/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Tree Walk
Tai Tam	Running Competition	AVOHK 5K Series	07/10/2023	Hong Kong Trail Section 6
Shing Mun, Tai Mo Shan, Lam Tsuen	Running Competition	Golden 100 Hong Kong (45km)	07/10/2023	Rotary Park, MacLehose Trail Section 7-8, Wilson Trail Section 7-9, Pak Tai To Yan, Tai To Yan
Plover Cove	Running Competition	Corporate Games	08/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	08/10/2023	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Sai Kung East, Sai Kung West	Running Competition	Thaiquain x Cam2	08/10/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1

Pok Fu Lam	Running Competition	King's College Annual Cross-country Race	13/10/2023	Pok Fu Lam Reservoir Road, Hong Kong Trail Section 2
Tai Lam	Running Competition	School Running Race	13/10/2023	Tai Tong Barbecue Area Site No.7, Tai Lam Forest Track, MacLehose Trail Section 10
Lantau South, Lantau North	Running Competition	Moontrekker	13/10/2023 - 14/10/2023	Lantau Trail Section 3, 11 & 12, South Lantau Country Trail, Tei Tong Tsai Country Trail, Nei Lak Shan Country Trail, Chi Ma Wan Country Trail
Aberdeen	Running Competition	AVOHK 5K Series	14/10/2023	Hong Kong Trail Section 4
Plover Cove	Running Competition	Swire 10KM Challenge	14/10/2023	Plover Cove Reservoir Main Dam
Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	Raleigh Challenge - Mountain Marathon	14/10/2023	MacLehose Trail Section 8-10, Tai Lam Chung Country Trail, Lung Mun Country Trail, Rotary Park Nature Trail, Yuen Tsuen Ancient Trail, Kap Lung Ancient Trail, Tsing Fai Tong Mountain Bike Trail
Tai Lam	Running Competition	Raleigh Challenge - Mountain Marathon	15/10/2023	Tai Lam Chung Country Trail, Tai Tong Nature Trail, Tai Tong Mountain Bike Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	15/10/2023	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Plover Cove	Running Competition	Corporate Games	15/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun	Walkathon	50th Anniversary Walkathon	20/10/2023	Shing Mun Reservoir Auxiliary Dam
Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan	Running Competition	HK50 Hong Kong Island	21/10/2023	Hong Kong Trail Section 1-5, Wilson Trail Section 1-2, Hong Pak Country Trail, Tai Tam Country Trail, Pok Fu Lam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Quarry Bay Orienteering Trail, Quarry Bay Jogging Trail
Lantau South	Running Competition	Lantau Dash	21/10/2023	Lantau Trail Section 12
Shing Mun, Kam Shan, Lion Rock, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Touge Fifty	21/10/2023 - 22/10/2023	Pak Tam Chung P.H.A.B. Site, Rotary Park, MacLehose Trail Section 3-8

Lantau South, Lantau North	Running Competition	Salomon Hong Kong Trail Series - Cam2 Lantau	22/10/2023	Lantau Trail Section 1-4, Shek Pik Country Trail, Ngong Ping Tree Walk, Nam Shan Tree Walk, Ngong Ping Rescue Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	TGR - Double Nine	23/10/2023	Hong Kong Trail Section 5, Wilson Trail Section 1-2, Hong Pak Country Trail, Quarry Bay Jogging Trail
Tai Lam	Running Competition	Inter-class running event	24/10/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	School running race	27/10/2023	Tai Tong Barbecue Area Site No.6, Tai Lam Forest Track
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	Kailas Fish N Sheep 50	28/10/2023	Wilson Trail Section 3 - 6, MacLehose Trail Section 5-7, Tai To Yan
Pat Sin Leng	Running Competition	Outopia HK Wild 50	28/10/2023	Wilson Trail Section 9-10, Lau Shui Heung Country Trail, Pat Sin Leng Nature Trail
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Tai Po Kau Nature Reserve	Running Competition	Sowers Action Challenging 12 Hours	29/10/2023	Wilson Trail Section 6-8, Maclehorse Trail Section 5-8, Lung Mun Country Trail, Shing Mun Reservoir Walk
Plover Cove	Running Competition	Towngas SRC Cup Long Distance Run	29/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen	Running Competition	Southern District Cross Country Run	29/10/2023	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3, Aberdeen Nature Trail
Sai Kung West, Sai Kung West (Wan Tsai Extension)	Orienteering Competition	Hong Kong Annual Orienteering Ranking Championships (Long Distance)	29/10/2023	Tai Tan Country Trail, Hoi Ha To Wan Tsai Mountain Bike Trail
Tai Lam	Running Competition	Inter-class running event	30/10/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-class running event	31/10/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross-Country Competition	01/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10

Aberdeen	Running Competition	School Running Race	02/11/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail
Tai Lam	Running Competition	Inter-School Cross-Country Competition	02/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross-Country Competition	03/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Tam	Walkathon	Walkathon	04/11/2023	Tai Tam Tuk Barbecue Area Site no.3, Tai Tam Reservoir Road
Lantau South, Lantau North	Running Competition	Buddha You Run	04/11/2023	Lantau Trail Section 3, Nei Nak Shan Country Trail, Tei Tong Tsai Country Trail, Ngong Ping Tree Walk
Lion Rock	Running Competition	3 Ball Trail Run-Beacon Hill	04/11/2023	Wilson Trail Section 5, MacLehose Trail Section 5
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	Lockton Fearless Dragon Trail Run	05/11/2023	MacLehose Trail Section 6- 8, Wilson Trail Section 6-7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Island Hike and Run	05/11/2023	Wilson Trail Section 1 & 2, Hong Kong Trail Section 5 & 6, Tai Tam Country Trail, Wong Nai Chung Tree Walk, Eastern Nature Trail
Lantau South, Lantau North	Running Competition	Gay Games 11 Hong Kong 23 - Trail Running	06/11/2023	Lantau Trail Section 1, 12, Chi Ma Wan Country Trail, Mui Wo to Pui O Mountain Bike Trail
Shing Mun, Tai Mo Shan	Running Competition	Gay Game 11 Hong Kong 23 (10Km)	07/11/2023	Shing Mun Catchwater
Tai Tam	Running Competition	Gay Game 11 Hong Kong 23 (5Km)	09/11/2023	Tai Tam Reservoir Road
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	09/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	10/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail

Sai Kung East, Sai Kung West	Running Competition	Gay Game 11 HK 23 (Marathon)	11/11/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Aberdeen	Running Competition	AVOHK Aberdeen Reservoir Race 2023	11/11/2023	Hong Kong Trail Section 4
Aberdeen	Walkathon	Silver Lining Charity Walk	12/11/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race 2023-24 – Series 2 (Downhill)	12/11/2023	Ho Pui Mountain Bike Trail
Tai Lam	Running Competition	RMAC Gold Coast 15K	12/11/2023	Ting Kau Catchwater
Shing Mun, Tai Mo Shan	Running Competition	Running Competition	12/11/2023	Shing Mun Catchwater
Lantau South	Running Competition	TransLantau by UTMB	12/11/2023	Lantau Trail Sections 1-2 & 12, Chi Ma Wan Country Trail, Islands Nature Heritage Trail - Mui Wo Section, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	TransLantau by UTMB	10/11/2023 - 12/11/2023	Lantau Trail Section 1-6, 9, 10 & 12, Chi Ma Wan Country Trail, Keung Shan Country Trail, Nei Lak Shan Country Trail, Shek Pik Country Trail, South Lantau Country Trail, Tei Tong Tsai Country Trail, Wong Lung Hang Country Trail, Lo Fu Tau Country Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail, Pui O To Kau Ling Chung Mountain Bike Trail, Ngong Ping 360 Rescue Trail
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	15/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Tai Lam	Running Competition	Inter-School Cross-Country Competition	16/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	16/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Kam Shan	Running Competition	School Running Race	17/11/2023	MacLehose Trail Section 6, Shek Lei Pui Reservoir Jogging Trail, Kowloon Reception Reservoir Jogging Trail, Kam Shan Tree Walk

Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	17/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Tai Lam	Running Competition	Inter-School Cross-Country Competition	17/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Ma On Shan	Running Competition	Inner Challenge	18/11/2023	MacLehose Trail Section 4, Ma On Shan Country Trail
Aberdeen	Orienteering Competition	Orienteering Competition	18/11/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail
Lantau North	Running Competition	Charity Run	19/11/2023	Nei Lak Shan Country Trail, Ngong Ping Rescue Trail
Shing Mun, Tai Mo Shan	Running Competition	Salomon Hong Kong Trail Series - Cam2 Tai Mo Shan	19/11/2023	Rotary Park, MacLehose Trail Section 7-8, Lung Mun Country Trail
Tai Lam	Running Competition	Fun Fun Walk 65 Off-road Challenge	19/11/2023	MacLehose Trail Section 9, Yuen Tsuen Ancient Trail, Tsing Fai Tong Mountain Bike Trail
Tai Lam	Public Meeting	Outdoor Worship	19/11/2023	Tai Tong Barbecue Area Site No.1
Tai Lam	Running Competition	Inter-School Cross-Country Competition	20/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Pok Fu Lam	Running Competition	International Primary Schools Cross Country Mini-Meet	21/11/2023	Hong Kong Trail Section 2
Tai Lam	Running Competition	Inter-class running event	23/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Plover Cove	Running Competition	Soonest Run for Green	25/11/2023	Plover Cove Reservoir Main Dam
Tai Tam	Running Competition	Run Charity Race	25/11/2023	Wilson Trail Section 2, Hong Kong Trail Section 5 & 6, Tai Tam Family Walk

Aberdeen	Running Competition	Youth Challenge	26/11/2023	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Pat Sin Leng	Walkathon	NTER Scout Charity Walk	26/11/2023	Lau Shui Heung Country Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Lam, Tai Mo Shan, Ma On Shan	Running Competition	Oxfam Trailwalker	24/11/2023 - 26/11/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-10
Tai Lam	Running Competition	Inter-class running event	27/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-class running event	28/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross-Country Competition	29/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Mini Meet	30/11/2023	Tuen Mum Fitness Trail, MacLehose Trail Section 10
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Lam, Tai Mo Shan, Ma On Shan	Running Competition	Golden 100 Hong Kong (100Km)	01/12/2023 - 02/12/2023	MacLehose Trail Section 1-9, Wilson Trail Section 7, Luk Wu Country Trail, Pak Tam Country Trail, Tai Lam Chung Country Trail, Yuen Tsuen Ancient Trail, Kap Lung Forest Trail, Tai Tong Nature Trail, Hoi Pui Mountain Bike Trail, Tai Long Wan Hiking Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	CAN RUN	02/12/2023	Tai Tam Barbecue Area Site 2, Wilson Trail Section 2, Hong Kong Trail Section 5-6, Tai Tam Family Walk
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 50	02/12/2023	Lantau Trail Section 2, 3, 4, 5, 7 & 8, Wong Lung Hang Country Trail, Keung Shan Country Trail, Shek Pak Country Trail, Nei Lak Shan Country Trail, Islands Nature Heritage Trail - Ngong Ping Section, Hong Kong Olympic Trail, Ngong Ping Rescue Trail
Tai Lam	Running Competition	Golden 100 Hong Kong (16Km)	03/12/2023	MacLehose Trail Section 10, Tai Lam Chung Country Trail, Tai Tong Nature Trail, Yuen Tsuen Ancient Trail, Tai Tong Mountain Bike Trail
Aberdeen	Running Competition	Youth Challenge	03/12/2023	Hong Kong Trail Section 4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 50	03/12/2023	Lantau Trail Section 2, 3, 4, 5, 7 & 8, Wong Lung Hang Country Trail, Keung Shan Country Trail, Shek Pak Country Trail, Nei Lak Shan Country Trail, Islands Nature Heritage Trail - Ngong Ping Section, Hong Kong Olympic Trail, Ngong Ping Rescue Trail

Tai Tam	Walkathon	Stride for a Cure	03/12/2023	Hong Kong Trail Section 6
Aberdeen	Running Competition	School Running Race	08/12/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Pok Fu Lam	Walkathon	Walk with PRIDE Walkathon	09/12/2023	Hong Kong Trail Section 2
Lantau South, Lantau North	Running Competition	TGR - Tigershead	09/12/2023	Lantau Trail Section 12, Chi Ma Wan Country Trail, Lo Fu Tau Country Trail, Mui Wo to Pui O Mountain Bike Trail, Hong Kong Olympic Trail, Island Nature Heritage Trail - Mui Mo Section
Tai Tam	Running Competition	Tai Tam Hike & BBQ Day	09/12/2023	Wilson Trail Section 1
Shing Mun, Plover Cove, Pat Sin Leng, Tai Mo Shan, Lam Tsuen	Running Competition	The North Face 100 Hong Kong Ultra Trail Challenge	08/12/2023 - 10/12/2023	Wilson Trail Section 7-10, MacLehose Trail Section 8, Plover Cove Reservoir Country Trail, Wu Kau Tang Country Trail, Fung Hang Country Trail, Lung Mun Country Trail, Hok Tau Country Trail, Lau Shui Heung Country Trail, Double Haven Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Lai Chi Wo Nature Trail, Hok Tau Reservoir Family Walk
Pat Sin Leng, Plover Cove	Running Competition	The North Face 100 Hong Kong Ultra Trail Challenge (16km)	10/12/2023	Wilson Trail Section 10, Pat Sin Leng Nature Trail
Lantau South, Lantau North	Running Competition	Lantau Trail 45	10/12/2023	Nam Shan Barbecue Area Site 1, Lantau Trail section 2-8, Keung Shan Country Trail, South Lantau Country Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Islands Nature Heritage Trail - Tai O section, Islands Nature Heritage Trail - Ngong Ping section, Ngong Ping Rescue Trail
Aberdeen	Orienteering Competition	Eco-Rangers	10/12/2023	Hong Kong Trail Section 3-4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Tai Lam	Orienteering Competition	Hong Kong Annual Trail Orienteering Championships (Pre O) cum World Ranking Event	10/12/2023	Tai Tong Nature Trail
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race - Cross Country	10/12/2023	Tin Fu Tsai Mountain Bike Trail, Tin Fu Tsai North Mountain Bike Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Mount Butler Race	10/12/2023	Hong Kong Trail Section 5-6, Wilson Trail Section 2, Quarry Bay Jogging Trail, Wong Nai Chung Tree Walk
Tai Tam (Quarry Bay Extension)	Walkathon	Anniversary Walkathon	15/12/2023	Wilson Trail Section 2

Plover Cove, Pat Sin Leng	Running Competition	Mountain Range Trail Series Tai Po	16/12/2023	Wilson Trail Section 8 & 9, Lau Shui Heung Country Trail, Fung Hang Country Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Wu Kau Tang Family Walk
Plover Cove	Running Competition	Mizuno Hong Kong Half-Marathon Championships	17/12/2023	Bride's Pool Road, Tai Mei Tuk Road, Ting Kok Road, Plover Cove Reservoir Main Dam
Pok Fu Lam	Walkathon	WYC Annual Fundraising Walk	18/12/2023	Hong Kong Trail Section 1, Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Shing Mun	Running Competition	Trail Race	18/12/2023	Wilson Trail Section 7, Shing Mun Reservoir Walk
Plover Cove	Running Competition	School Running Race	19/12/2023	Plover Cove Reservoir Main Dam
Plover Cove	Walkathon	SALEM-Immanuel Lutheran College 40th Anniversary Walkathon	20/12/2023	Plover Cove Reservoir Main Dam
Sai Kung East, Sai Kung West	Running Competition	High Island GEO Run	24/12/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Shing Mun	Walkathon	Walkathon	24/12/2023	Shing Mun Reservoir Walk, Pineapple Dam Nature Trail
Sai Kung East, Sai Kung West	Running Competition	Salomon Hong Kong Trail Series - Cam2 Sai Kung	01/01/2024	MacLehose Trail Section 1 & 3, Luk Wu Country Trail, Pak Tam Chung Family Walk
Plover Cove, Pat Sin Leng	Running Competition	NYNE Mountain Race	01/01/2024	Hok Tau Reservoir Barbecue Area Site 6, Wilson Trail Section 9 & 10, Nam Chung Country Trail, Hok Tau Country Trail, Double Haven Country Trail, Lai Chi Wo Nature Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk
Shing Mun, Lion Rock, Tai Mo Shan, Ma On Shan, Aberdeen, Tai Tam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Pok Fu Lam, Lantau South, Lantau North, Lantau North (Extension)	Running Competition	To The Tops of Hong Kong 100 Challenge	31/12/2023 - 01/01/2024	Lantau Trail Section 1-3, MacLehose Trail Section 5-8, Wilson Trail Section 2-4, Hong Kong Trail Section 1-5, Lung Mun Country Trail, Aberdeen Nature Trail, Pok Fu Lam Family Walk, Kam Shan Tree Walk
Plover Cove	Running Competition	Correctional Services Department 10K Distance Run	06/01/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	KOTH Lantau Mountain Marathon	07/01/2024	Lantau Trail Section 2-4, Nei Lak Shan Country Trail, South Lantau Country Trail

Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	HK50 West	13/01/2024	MacLehose Trail Section 8-10, Lung Mun Country Trail, Tai Lam Chung Country Trail, Yuen Tun Country Trail, Tai Lam Nature Trail, Kap Lung Forest Trail, Yuen Tsuen Ancient Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail
Plover Cove	Walkathon	Walkathon	13/01/2024	Double Haven Country Trail, Lai Chi Wo Nature Trail, Fung Hang Family Walk
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Running Competition	Green Power Hike for a Green Future	13/01/2024 - 14/01/2024	Hong Kong Trail Section 1-8
Shing Mun, Tai Mo Shan	Running Competition	Salomon Hong Kong Dynamic Tai Mo Shan	14/01/2024	MacLehose Trail Section 7-8, Lung Mun Country Trail
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race - Downhill	14/01/2024	Ho Pui Mountain Bike Trail
Tai Tam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Pok Fu Lam	Running Competition	Victoria Peak Dozen Challenge (Virtual Race)	14/12/2023 - 15/01/2024	Hong Kong Trail Section 1 & 5, Wilson Trail Section 1-2, Tai Tam Country Trail, Pok Fu Lam Tree Walk, Pinewood Battery Heritage Trail, Peak Trail (High West Section), Peak Trail (Pinewood Battery Section), Quarry Bay Jogging Trail
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Third	18/01/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Luk Wu Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Half	19/01/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Plover Cove	Walkathon	Walkathon	20/01/2024	Double Haven Country Trail, Lai Chi Wo Nature Trail, Fung Hang Family Walk
Sai Kung West	Public Meeting	HKSOS App Launching Ceremony	20/01/2024	Pak Tam Chung Car Park
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Hong Kong 100	20/01/2024 - 21/01/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-8, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Champhionship	22/01/2024	MacLehose Trail Section 10, Tuen Mum Fitness Trail
Tai Lam	Running Competition	All Hong Kong Schools Jing Ying Cross Country (Team) Tournament	23/01/2024	Tai Lam Forest Track, MacLehose Trail Section 10
Shing Mun	Running Competition	Shing Mun Run	27/01/2024	MacLehose Trail Section 7, Wilson Trail Section 7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk

Tai Lam	Running Competition	School Running Race	27/01/2024	Tai Tong Barbecue Area Site No. 7, MacLehose Trail Section 10
Tai Mo Shan	Walkathon	The Green Earth Charity Night Walk	27/01/2024	Rotary Park, MacLehose Trail Section 8
Tai Tam, Lantau South, Ma On Shan	Multisports Competition	Four Peaks Race	27/01/2024	Lantau Trail Section 3, Wilson Trail Section 1, MacLehose Trail Section 4, South Lantau Country Trail, Ma On Shan Country Trail
Aberdeen	Walkathon	Po Leung Kuk Charity Walk	27/01/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 4, Aberdeen Tree Walk, Aberdeen Fitness Trail
Plover Cove, Pat Sin Leng	Running Competition	King of the Hills - Tai Po Mountain Marathon	28/01/2024	Wilson Trail Section 8-10, Wu Kau Tang Country Trail, Plover Cove Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Hok Tau Reservoir Family Walk, Lai Chi Wo Nature Trail
Tai Mo Shan, Lam Tsuen	Orienteering Competition	Rogaine Charity Race	28/01/2024	MacLehose Trail Section 8, Rotary Park Nature Trail, Tai Mo Shan Family Walk, Tai To Yan
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Mini Meet	02/02/2024	MacLehose Trail Section 10, Tuen Mum Fitness Trail
Plover Cove	Running Competition	Correctional Services Department 10K Distance Run	03/02/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen	Orienteering Competition	Yan Oi Tong Charity Orienteering Race	03/02/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3-4, Aberdeen Fitness Trail, Aberdeen Nature Trail, Aberdeen Orienteering Trail
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	The Wonders of Tai Mo Shan	03/02/2024	MacLehose Trail Section 7 & 8, Wilson Trail Section 7, Kam Shan Tree Walk
Sai Kung East, Sai Kung West	Running Competition	China Coast Marathon and Half Marathon	04/02/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Plover Cove	Walkathon	SALEM-Immanuel Lutheran College 40th Anniversary Walkathon	07/02/2024	Plover Cove Reservoir Main Dam
Aberdeen, Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Firework Run	11/02/2024	Hong Kong Trail Section 4-6, Wilson Trail Section 2, Quarry Bay Jogging Trail

Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	CNY Dragon Tour	12/02/2024	Wilson Trail Section 1-2, Hong Kong Trail Section 5, Tai Tam Country Trail, Quarry Bay Jogging Trail
Shing Mun, Plover Cove, Pat Sin Leng, Tai Lam, Tai Mo Shan, Lam Tsuen	Running Competition	The 9 Dragons - 50 Miles	16/02/2024 - 17/02/2024	MacLehose Trail Section 8-10, Wilson Trail Section 8-10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Wu Kau Tang Country Trail, Tai Tong Nature Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Yuen Tsuen Ancient Trail, Tai To Yan
Tai Lam	Running Competition	Tuen Mun District Road Race	18/02/2024	MacLehose Trail Section 10
Shing Mun, Kam Shan, Lion Rock, Pat Sin Leng, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	The 9 Dragons - 50km	18/02/2024	MacLehose Trail Section 4, 5, 7 & 8, Wilson Trail Section 4 & 9, Eagle’ s Nest Nature Trail, Lion Rock War Relics Trail, Tai To Yan
Plover Cove	Multisports Competition	Duathlon Series Race	18/02/2024	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun, Kam Shan, Plover Cove, Pat Sin Leng, Tai Lam, Tai Mo Shan, Lam Tsuen	Running Competition	Salomon 100 Hong Kong Trail Series	23/02/2024 - 24/02/2024	MacLehose Trail Section 6-8, Wilson Trail Section 6-10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Nam Chung Country Trail, Lung Mun Country Trail, Wu Kau Tang Country Trail, Bride's Pool Nature Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Kap Lung Forest Track, Kap Lung Ancient Trail, Tai To Yan
Sai Kung East, Sai Kung West	Running Competition	Dowman Road Race	24/02/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Tai Tam (Quarry Bay Extension)	Orienteering Competition	Colour-coded Orienteering Event	25/02/2024	Quarry Bay Jogging Trail, Quarry Bay Orienteering Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	To The Top of Lantau Challenge	25/02/2024	Lantau Trail Section 1-3, South Lantau Country Trail, Tei Tong Tsai Country Trail, Mui Wo to Pui O Mountain Bike Trail
Shing Mun, Kam Shan, Tai Lam, Tai Mo Shan	Running Competition	Salomon Hong Kong Trail Series 50K cum Golden Trail National Series 25K	25/02/2024	MacLehose Trail Section 6-9, Wilson Trail Section 6-7, Lung Mun Country Trail, Rotary Park Nature Trail, Kap Lung Forest Trail, Kap Lung Ancient Trail
Sai Kung East, Sai Kung West	Running Competition	King of the Hills – Sai Kung Mountain Marathon	25/02/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 2-3, Luk Wu Country Trail, Pak Tam Country Trail, Tai Tan Country Trail, Pak Tam Chung Family Walk, Wong Shek Family Walk, Wong Shek Tree Walk
Plover Cove	Running Competition	Shatin and Sai Kung Secondary Schools Area Inter-School Long Distance Run	01/03/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail

Pok Fu Lam	Walkathon	Walkathon	01/03/2024	Hong Kong Trail Section 2, Pok Fu Lam Family Walk
Sai Kung East, Sai Kung West	Running Competition	Sai Kung 50	02/03/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Sheung Yiu Country Trail, Pak Tam Country Trail, Cheung Sheung Country Trail
Lantau South, Lantau North	Running Competition	Four Trails Mini - Lantau Trail	03/03/2024	Lantau Trail Section 1- 3
Shing Mun, Kam Shan, Aberdeen, Tai Tam, Lantau South, Lantau North, Tai Lam, Tai Mo Shan, Ma On Shan, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Lantau North (Extension)	Running Competition	Victoria 162	01/03/2024 - 03/03/2024	Lantau Trail Sections 1- 6 & 12, Maclehose Trail Sections 4 & 6-10, Wilson Trail Sections 1- 4 & 6-7, Hong Kong Trail Sections 1-6, South Lantau Country Trail, Nei Lak Shan Country Trail, Keung Shan Country Trail, Lung Mun Country Trail, Yuen Tsuen Ancient Trail, Ma On Shan Country Trail, Hong Pak Country Trail, Tai Tam Country Trail, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Shing Mun Reservoir Walk, Kap Lung Forest Trail, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Mui Wo To Pui O Mountain Bike Trail, Twisk Mountain Bike Trail, Tsing Fai Tong Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Reception Reservoir Jogging Trail, Shek Lei Pui Reservoir Jogging Trail, Kam Shan Family Walk, Quarry Bay Jogging Trail, Quarry Bay Tree Walk, Tai Tam Family Walk, Aberdeen Tree Walk, Aberdeen Fitness Trail, Aberdeen Nature Trail, Pok Fu Lam Family Walk
Tai Tam (Quarry Bay Extension)	Orienteering Competition	TerraX Night Orienteering Championships	09/03/2024	Wilson Trail Section 2, Quarry Bay Jogging Trail
Tai Lam	Running Competition	Healthy Hike & Run	10/03/2024	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Tai Tong Nature Trail, Tai Tong Tree Walk, Yuen Tsuen Ancient Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Walkathon	Hike for Hospice	10/03/2024	Hong Kong Trail Section 5-6, Wilson Trail Section 1-2, Tai Tam Country Trail, Eastern Nature Trail, Quarry Bay Jogging Trail
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	Race for Water	10/03/2024	Hong Kong Trail Section 1-4, Pok Fu Lam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section)
Sai Kung East, Sai Kung West	Running Competition	Airfly Trail Run	10/03/2024	MacLehose Trail Section 1-3, Luk Wu Country Trail, Cheung Sheung Country Trail, Pak Tam Chung Family Walk
Tai Lam	Running Competition	Annual Charity Event Long Ducker	16/03/2024	MacLehose Trail Section 10, Tai Lam Chung Reservoir Mountain Bike Trail, Tuen Mun Fitness Trail
Aberdeen	Orienteering Competition	Joint School Orienteering Championships	16/03/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3 & 4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail

Lung Fu Shan	Running Competition	To The Top of Hong Kong Challenge	16/03/2024	Pinewood Battery Heritage Trail
Lantau South, Lantau North	Running Competition	Lantau 70	16/03/2024 - 17/03/2024	Lantau Trail Section 1-6 & 8-12, Keung Shan Country Trail
Sai Kung East, Sai Kung West	Walkathon	Side by Side Charity Walk	17/03/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk
Shing Mun, Tai Mo Shan	Running Competition	Fat Mak Trail Race	17/03/2024	Shing Mun Picnic Site No. 1 (Butterfly Paradise), MacLehose Trail Section 7 & 8, Lung Mun Country Trail, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Running Competition	Island Scout Trail Walk	17/03/2024	Hong Kong Trail Section 1-8
Plover Cove	Running Competition	On Track to Save	17/03/2024	Plover Cove Reservoir Main Dam
Tai Lam	Running Competition	Running Race	23/03/2024	Tai Lam Chung Catchwater
Pat Sin Leng	Running Competition	Gurkha Trailblazer	24/03/2024	Wilson Trail Section 9 & 10, Lau Shui Heung Country Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk
Aberdeen, Tai Tam	Running Competition	Four Trails Mini - Hong Kong Trail	24/03/2024	Hong Kong Trail Section 3-6
Sai Kung East, Sai Kung West	Walkathon	Lions Walk for Life Charity Walkathon	24/03/2024	Pak Tam Chung P.H.A.B., MacLehose Trail Section 1
Tai Tam	Running Competition	Walk For A Vision	24/03/2024	Wilson Trail Section 1, Hong Kong Trail Section 5, Tai Tam Country Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Hong Kong 100 Flex	01/03/2024 - 28/03/2024	MacLehose Trail Section 1-8, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk

Shing Mun, Kam Shan, Lion Rock, Aberdeen, Tai Tam, Lantau South, Lantau North, Tai Lam, Tai Mo Shan, Ma On Shan, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Lantau North (Extension)	Running Competition	4TUL	29/03/2024 - 30/03/2024	MacLehose Trail Section 5-6 & 8-10, Hong Kong Trail Section 1-5, Wilson Trail Section 2-4 & 7, Lantau Trail Section 8-12, Keung Shan Country Trail, Tai Lam Nature Trail, Eagle's Nest Nature Trail, Pineapple Dam Nature Trail, Yuen Tsuen Ancient Trail, Tuen Mun Fitness Trail, Islands Nature Heritage Trail - Ngong Ping Section, Pok Fu Lam Tree Walk, Aberdeen Tree Walk, Quarry Bay Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Pok Fu Lam Family Walk, Quarry Bay Jogging Trail, War Relics Trail (Lion Rock & Ma On Shan), War Relics Trail (Shing Mun), Shing Mun Reservoir Walk, Twisk Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Tai Tong Mountain Bike Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Mui Wo to Pui O Mountain Bike Trail
Shing Mun, Pat Sin Leng, Tai Mo Shan, Lam Tsuen	Running Competition	GOLDEN 100 HONG KONG Big K 45KM	01/04/2024	Rotary Club Park, MacLehose Trail Section 7 & 8, Wilson Trail Section 8, Lau Shui Heung Country Trail, Tai To Yan