Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Tai Mo Shan	Running Competition	3 Ball Trail Run - Tai Mo Shan	12/08/2023	Rotary Park, MacLehose Trail Section 8, Rotary Park Nature Trail
Plover Cove	Multisports Competition	Duathlon Series Race	13/08/2023	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen, Tai Tam	Running Competition	5 Lakes	27/08/2023	Aberdeen PHAB Site, Tai Tam Barbecue Area Site 2, Wilson Trail Section 1, Hong Kong Trail Section 4 & 6, Tai Tam Country Trail, Tai Tam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk
Shing Mun, Tai Mo Shan	Running Competition	Chung Hing Cup - Tsuen Wan 10K Super Summer Challenge Race	27/08/2023	Shing Mun Catchwater
Sai Kung East, Sai Kung West	Running Competition	Summer Trail Run @Sai Kung	03/09/2023	Pak Tam Chung PHAB Site, Maclehose Trail Section 1, Luk Wu Country Trail
Lion Rock	Running Competition	3 Ball Trail Run-Beacon Hill	09/09/2023	Wilson Trail Section 5, MacLehose Trail Section 5
Aberdeen	Multisports Competition	Deep Water Bay Kayak and run	09/09/2023	Hong Kong Trail Section 4
Plover Cove	Multisports Competition	Hong Kong Triathlon Championship	17/09/2023	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension)	Running Competition	Victoria HOT25 & V10 Parker Pony	24/09/2023	Hong Kong Trail Section 3-6, Wilson Trail Section 2, Tai Tam Family Walk, Pok Fu Lam Tree Walk, and Aberdeen Tree Walk
Shing Mun	Walkathon	Yan Chai Charity Walk	24/09/2023	MacLehose Trail Section 7
Sai Kung West	Multisports Competition	Outward Bound Multi- Race	24/09/2023	MacLehose Trail Section 3
Plover Cove, Pat Sin Leng	Running Competition	TGR - 8 Immortals	24/09/2023	Wilson Trail Section 10, Pat Sin Leng Nature Trail, Fung Hang Family Walk
Aberdeen, Tai Tam	Running Competition	5 Lakes (Virtual Run)	28/08/2023 - 27/09/2023	Wilson Trail Section 1, Hong Kong Trail Section 4 & 6, Tai Tam Country Trail, Tai Tam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk

Ouration: 01/08/2023 - 28/12/2023					
Country Parks	Activity Type	Event name	Date	Major Activity Area	
Plover Cove	Public Meeting	Cross Tolo Harbour Open Race	30/09/2023	Plover Cove Reservoir Main Dam	
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	National Day Unity Trail Run	30/09/2023	Hong Kong Trail Section 1-3, Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)	
Sai Kung East, Sai Kung West	Running Competition	COROS Spark 100	30/09/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2	
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	Ferei Dark 45	01/10/2023	Kei Leng Ha Barbecue Area, Rotary Park, MacLehose Trail Section 4-8	
Plover Cove	Running Competition	Motor Run	01/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail	
Plover Cove	Running Competition	Stronger Run	01/10/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail	
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan		COROS Spark 100	01/10/2023 - 03/10/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-7, Wilson Trail Section 7	
Aberdeen	Running Competition	School Running Race	04/10/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Tree Walk	
Tai Tam	Running Competition	AVOHK 5K Series	07/10/2023	Hong Kong Trail Section 6	
Shing Mun, Tai Mo Shan, Lam Tsuen	Running Competition	Golden 100 Hong Kong (45km)	1(1//1(1//(1)/3	Rotary Park, MacLehose Trail Section 7-8, Wilson Trail Section 7-9, Pak Tai To Yan, Tai To Yan	
Plover Cove	Running Competition	Corporate Games	08/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail	
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	08/10/2023	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail	
Sai Kung East, Sai Kung West	Running Competition	Thaiquain x Cam2	08/10/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1	

Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Pok Fu Lam	Running Competition	King's College Annual Cross-country Race	13/10/2023	Pok Fu Lam Reservoir Road, Hong Kong Trail Section 2
Tai Lam	Running Competition	School Running Race	13/10/2023	Tai Tong Barbecue Area Site No.7, Tai Lam Forest Track, MacLehose Trail Section 10
Lantau South, Lantau North	Running Competition	Moontrekker	13/10/2023 - 14/10/2023	Lantau Trail Section 3, 11 & 12, South Lantau Country Trail, Tei Tong Tsai Country Trail, Nei Lak Shan Country Trail, Chi Ma Wan Country Trail
Aberdeen	Running Competition	AVOHK 5K Series	14/10/2023	Hong Kong Trail Section 4
Plover Cove	Running Competition	Swire 10KM Challenge	14/10/2023	Plover Cove Reservoir Main Dam
Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	Raleigh Challenge - Mountain Marathon	14/10/2023	MacLehose Trail Section 8-10, Tai Lam Chung Country Trail, Lung Mun Country Trail, Rotary Park Nature Trail, Yuen Tsuen Ancient Trail, Kap Lung Ancient Trail, Tsing Fai Tong Mountain Bike Trail
Tai Lam	Running Competition	Raleigh Challenge - Mountain Marathon	15/10/2023	Tai Lam Chung Country Trail, Tai Tong Nature Trail, Tai Tong Mountain Bike Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	15/10/2023	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Plover Cove	Running Competition	Corporate Games	15/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun	Walkathon	50th Anniversary Walkathon	20/10/2023	Shing Mun Reservoir Auxiliary Dam
Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan	Running Competition	HK50 Hong Kong Island		Hong Kong Trail Section 1-5, Wilson Trail Section 1-2, Hong Pak Country Trail, Tai Tam Country Trail, Pok Fu Lam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Quarry Bay Orienteering Trail, Quarry Bay Jogging Trail
Lantau South	Running Competition	Lantau Dash	21/10/2023	Lantau Trail Section 12
Shing Mun, Kam Shan, Lion Rock, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Touge Fifty	21/10/2023 - 22/10/2023	Pak Tam Chung P.H.A.B. Site, Rotary Park, MacLehose Trail Section 3-8

Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Lantau South, Lantau North	Running Competition	Salomon Hong Kong Trail Series - Cam2 Lantau	22/10/2023	Lantau Trail Section 1-4, Shek Pik Country Trail, Ngong Ping Tree Walk, Nam Shan Tree Walk, Ngong Ping Rescue Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	TGR - Double Nine	23/10/2023	Hong Kong Trail Section 5, Wilson Trail Section 1-2, Hong Pak Country Trail, Quarry Bay Jogging Trail
Tai Lam	Running Competition	Inter-class running event	24/10/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	School running race	27/10/2023	Tai Tong Barbecue Area Site No.6, Tai Lam Forest Track
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	Kailas Fish N Sheep 50	28/10/2023	Wilson Trail Section 3 - 6, MacLehose Trail Section 5-7, Tai To Yan
Pat Sin Leng	Running Competition	Outopia HK Wild 50	28/10/2023	Wilson Trail Section 9-10, Lau Shui Heung Country Trail, Pat Sin Leng Nature Trail
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Tai Po Kau Nature Reserve	Running Competition	Sowers Action Challenging 12 Hours	29/10/2023	Wilson Trail Section 6-8, Maclehose Trail Section 5-8, Lung Mun Country Trail, Shing Mun Reservoir Walk
Plover Cove	Running Competition	Towngas SRC Cup Long Distance Run	29/10/2023	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen	Running Competition	Southern District Cross Country Run	29/10/2023	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3, Aberdeen Nature Trail
Sai Kung West, Sai Kung West (Wan Tsai Extension)	Orienteering Competition	Hong Kong Annual Orienteering Ranking Championships (Long Distance)	29/10/2023	Tai Tan Country Trail, Hoi Ha To Wan Tsai Mountain Bike Trail
Tai Lam	Running Competition	Inter-class running event	30/10/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-class running event	31/10/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross- Country Competition	01/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10

Puration: 01/08/2023 - 28/12/2023					
Country Parks	Activity Type	Event name	Date	Major Activity Area	
Aberdeen	Running Competition	School Running Race	02/11/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail	
Tai Lam	Running Competition	Inter-School Cross- Country Competition	02/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10	
Tai Lam	Running Competition	Inter-School Cross- Country Competition	03/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10	
Tai Tam	Walkathon	Walkathon	04/11/2023	Tai Tam Tuk Barbecue Area Site no.3, Tai Tam Reservoir Road	
Lantau South, Lantau North	Running Competition	Buddha You Run	04/11/2023	Lantau Trail Section 3, Nei Nak Shan Country Trail, Tei Tong Tsai Country Trail, Ngong Ping Tree Walk	
Lion Rock	Running Competition	3 Ball Trail Run-Beacon Hill	04/11/2023	Wilson Trail Section 5, MacLehose Trail Section 5	
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	Lockton Fearless Dragon Trail Run	10.13/11/20/2	MacLehose Trail Section 6-8, Wilson Trail Section 6-7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk	
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Island Hike and Run	05/11/2023	Wilson Trail Section 1 & 2, Hong Kong Trail Section 5 & 6, Tai Tam Country Trail, Wong Nai Chung Tree Walk, Eastern Nature Trail	
Lantau South, Lantau North	Running Competition	Gay Games 11 Hong Kong 23 - Trail Running	06/11/2023	Lantau Trail Section 1, 12, Chi Ma Wan Country Trail, Mui Wo to Pui O Mountain Bike Trail	
Shing Mun, Tai Mo Shan	Running Competition	Gay Game 11 Hong Kong 23 (10Km)	07/11/2023	Shing Mun Catchwater	
Tai Tam	Running Competition	Gay Game 11 Hong Kong 23 (5Km)	09/11/2023	Tai Tam Reservoir Road	
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	09/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail	
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	10/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail	

Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Sai Kung East, Sai Kung West		Gay Game 11 HK 23 (Marathon)	11/11/2023	Pak Tam Chung PHAB Site, MacLehose Trail Section 1
Aberdeen	Running Competition	AVOHK Aberdeen Reservoir Race 2023	11/11/2023	Hong Kong Trail Section 4
Aberdeen	Walkathon	Silver Lining Charity Walk	12/11/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race 2023-24 – Series 2 (Downhill)	12/11/2023	Ho Pui Mountain Bike Trail
Tai Lam	Running Competition	RMAC Gold Coast 15K	12/11/2023	Ting Kau Catchwater
Shing Mun, Tai Mo Shan	Running Competition	Running Competition	12/11/2023	Shing Mun Catchwater
Lantau South	Running Competition	TransLantau by UTMB	12/11/2023	Lantau Trail Sections 1-2 & 12, Chi Ma Wan Country Trail, Islands Nature Heritage Trail - Mui Wo Section, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	TransLantau by UTMB	10/11/2023 - 12/11/2023	Lantau Trail Section 1-6, 9, 10 & 12, Chi Ma Wan Country Trail, Keung Shan Country Trail, Nei Lak Shan Country Trail, Shek Pik Country Trail, South Lantau Country Trail, Tei Tong Tsai Country Trail, Wong Lung Hang Country Trail, Lo Fu Tau Country Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail, Pui O To Kau Ling Chung Mountain Bike Trail, Ngong Ping 360 Rescue Trail
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	15/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Tai Lam	Running Competition	Inter-School Cross- Country Competition	16/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Aberdeen	Running Competition	Annual Inter-School Cross Country Competition	16/11/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Kam Shan	Running Competition	School Running Race	17/11/2023	MacLehose Trail Section 6, Shek Lei Pui Reservoir Jogging Trail, Kowloon Reception Reservoir Jogging Trail, Kam Shan Tree Walk

Competition Offencering Competition 18/11/2023 Trial  Lanzau North Ranning Competition Charity Run 19/11/2023 Nei Lak Shan Country Trial, Ngong Ping Rescue Trial  Shing Mun, Tei Mo Shan Ronning Competition Trial Series - Cum2 Trial  Mo Shan Ronning Competition Trial Series - Cum2 Trial  Thi Lam Ronning Competition Trial Lam  Public Meeting Outdoor Worship 19/11/2023 MacLehose Trial Section 9, Yuen Tsuen Ancient Trial, Toing Fire Country Competition Trial Lam  Ronning Competition Detailed Primary Shanold Closs Country Shin Series Country Shin Series Country Shin Series Country Competition Trial Lam  Ronning Competition Inter-class running event 23/11/2023 Trial Lam Forest Trials, MacLehose Trial Section 10  Flower Cove Running Competition Somest Run for Green 25/11/2023 Trial Lam Forest Trials, MacLehose Trial Section 10  Flower Cove Running Competition Somest Run for Green 25/11/2023 Prover Cove Main Dam	Duration: 01/08/2023 - 28/12/2023				
Aberdiere  Comparison  Comparison  Comparison  Comparison  Comparison  Fire State  Ramining  Comparison  Comparison  Fire Children  Comparison  Fire Children  Fire State  Tai Law Freet Track, MacLacase Trail Section 10  MacControl Comparison  Face Children  Comparison  Face Children  Comparison  Solver Librar Kong  Trail  Solver Trail  Solv	Country Parks	Activity Type	Event name	Date	Major Activity Area
Control Country Competition   19/11/2025   18/12/2025	Aberdeen		Cross Country	17/11/2023	
Aberdeen Competition of Competition (Party Kun Science P.H.A.B. Site, Aberdeen Nature Trail, Aberdaen Him Trail  Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdaen Him Trail  Lantau North Competition Charity Kun 19/11/2023 Net Late Shan Country Trail, Ngong Ping Resear Trail Competition Straig Competition Research Trail Section P. Salomer Hong Kong Trail Section P. Salomer Trail Section P. Salomer Hong Kong Trail Section P. Salomer Hong Trail Section P. Salomer Hong Trail P. Salomer Hong Trail P. Salomer Hong Trail Section P. Salo	Tai Lam			17/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Lantau North  Running Cempetition  Charty Run  Pain International Primary  Fail Lam  Running Competition  Running Competition  Running Competition  Running Competition  Running Competition  Further Far Walk 65 Off- road Challenge  Further Far Walk 65 Off- road Challenge  Tail Lam  Public Meeting  Outdoor Worship  Further School Cross- Country Competition  Running Running Competition  Running R	Ma On Shan		Inner Challenge	18/11/2023	MacLehose Trail Section 4, Ma On Shan Country Trail
Competition  Charty Run  19/11/2023  Set Las Shan Country Frail, Ngong Ping Rescue Frail  Running Competition  Tai Lam  Running Competition  Fun Fun Walk 65 Off- road Challenge  Public Meeting  Oundoor Worship  Fun Fun Walk 65 Off- road Challenge  19/11/2023  Tai Tong Barbecue Area Site No.1  Running Competition  Rounning Competition  Running Competition  Running Running Running Running Competition  Running Runnin	Aberdeen		Orienteering Competition	18/11/2023	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail
Shing Mun, Tai Mo Shan  Trail Series - Cam2 Tai Mo Shan  Trail Lam  Trail Lam	Lantau North		Charity Run	19/11/2023	Nei Lak Shan Country Trail, Ngong Ping Rescue Trail
Tai Lam Public Meeting Outdoor Worship 19/11/2023 Tai Tong Mountain Bike Trail  Tai Lam Public Meeting Outdoor Worship 19/11/2023 Tai Tong Barbecue Area Site No.1  Tai Lam Forest Track, MacLehose Trail Section 10  Pok Fu Lam Running Competition International Primary Schools Cross Country Mini-Meet  Tai Lam Forest Track, MacLehose Trail Section 10  Running Competition Inter-class running event 23/11/2023 Tai Lam Forest Track, MacLehose Trail Section 10  Plover Cove  Running Competition Soonest Run for Green 25/11/2023 Plover Cove Main Dam	Shing Mun, Tai Mo Shan	_	Trail Series - Cam2 Tai	19/11/2023	
Tai Lam  Running Competition	Tai Lam			19/11/2023	MacLehose Trail Section 9, Yuen Tsuen Ancient Trail, Tsing Fai Tong Mountain Bike Trail
Pok Fu Lam  Running Competition  Soonest Run for Green  25/11/2023  Plover Cove Main Dam	Tai Lam	Public Meeting	Outdoor Worship	19/11/2023	Tai Tong Barbecue Area Site No.1
Pok Fu Lam    Competition   Schools Cross Country Mini-Meet   21/11/2023   Hong Kong Trail Section 2	Tai Lam			20/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Plover Cove    Running   Competition   Compe	Pok Fu Lam		Schools Cross Country	21/11/2023	Hong Kong Trail Section 2
Competition Soonest Run for Green 25/11/2023 Plover Cove Main Dam	Tai Lam		Inter-class running event	23/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
	Plover Cove		Soonest Run for Green	25/11/2023	Plover Cove Main Dam
Tai Tam  Running Competition  Run Charity Race  25/11/2023  Wilson Trail Section 2, Hong Kong Trail Section 5 & 6, 1ai 1ai Family Walk	Tai Tam	Running Competition	Run Charity Race	25/11/2023	Wilson Trail Section 2, Hong Kong Trail Section 5 & 6, Tai Tam Family Walk

Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Aberdeen	Running Competition	Youth Challenge	26/11/2023	Aberdeen PHAB Site, Hong Kong Trail Section 4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Pat Sin Leng	Walkathon	NTER Scout Charity Walk	26/11/2023	Lau Shui Heung Country Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Lam, Tai Mo Shan, Ma On Shan	Running Competition	Oxfam Trailwalker	24/11/2023 - 26/11/2023	Pak Tam Chung PHAB Site, MacLehose Trail Section 1-10
Tai Lam	Running Competition	Inter-class running event	27/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-class running event	28/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	Inter-School Cross- Country Competition	29/11/2023	Tai Lam Forest Track, MacLehose Trail Section 10
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Mini Meet	30/11/2023	Tuen Mum Fitness Trail, MacLehose Trail Section 10
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Lam, Tai Mo Shan, Ma On Shan	Running Competition	Golden 100 Hong Kong (100Km)	01/12/2023 - 02/12/2023	MacLehose Trail Section 1-9, Wilson Trail Section 7, Luk Wu Country Trail, Pak Tam Country Trail, Tai Lam Chung Country Trail, Yuen Tsuen Ancient Trail, Kap Lung Forest Trail, Tai Tong Nature Trail, Hoi Pui Mountain Bike Trail, Tai Long Wan Hiking Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	CAN RUN	02/12/2023	Tai Tam Barbecue Area Site 2, Wilson Trail Section 2, Hong Kong Trail Section 5-6, Tai Tam Family Walk
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 50	02/12/2023	Lantau Trail Section 2, 3, 4, 5, 7 & 8, Wong Lung Hang Country Trail, Keung Shan Country Trail, Shek Pak Country Trail, Nei Lak Shan Country Trail, Islands Nature Heritage Trail - Ngong Ping Section, Hong Kong Olympic Trail, Ngong Ping Rescue Trail
Tai Lam	Running Competition	Golden 100 Hong Kong (16Km)	03/12/2023	MacLehose Trail Section 10, Tai Lam Chung Country Trail, Tai Tong Nature Trail, Yuen Tsuen Ancient Trail, Tai Tong Mountain Bike Trail
Aberdeen	Running Competition	Youth Challenge	03/12/2023	Hong Kong Trail Section 4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 50	03/12/2023	Lantau Trail Section 2, 3, 4, 5, 7 & 8, Wong Lung Hang Country Trail, Keung Shan Country Trail, Shek Pak Country Trail, Nei Lak Shan Country Trail, Islands Nature Heritage Trail - Ngong Ping Section, Hong Kong Olympic Trail, Ngong Ping Rescue Trail

Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Tai Tam	Walkathon	Stride for a Cure	03/12/2023	Hong Kong Trail Section 6
Aberdeen	Running Competition	School Running Race	08/12/2023	Aberdeen Reservoir Road, Aberdeen Nature Trail, Aberdeen Fitness Trail
Pok Fu Lam	Walkathon	Walk with PRIDE Walkathon	09/12/2023	Hong Kong Trail Section 2
Lantau South, Lantau North	Running Competition	TGR - Tigershead	09/12/2023	Lantau Trail Section 12, Chi Ma Wan Country Trail, Lo Fu Tau Country Trail, Mui Wo to Pui O Mountain Bike Trail, Hong Kong Olympic Trail, Island Nature Heritage Trail - Mui Mo Section
Tai Tam	Running Competition	Tai Tam Hike & BBQ Day	09/12/2023	Wilson Trail Section 1
Shing Mun, Plover Cove, Pat Sin Leng, Tai Mo Shan, Lam Tsuen	Running Competition	The North Face 100 Hong Kong Ultra Trail Challenge	08/12/2023 - 10/12/2023	Wilson Trail Section 7-10, MacLehose Trail Section 8, Plover Cove Reservoir Country Trail, Wu Kau Tang Country Trail, Fung Hang Country Trail, Lung Mun Country Trail, Hok Tau Country Trail, Lau Shui Heung Country Trail, Double Haven Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Lai Chi Wo Nature Trail, Hok Tau Reservoir Family Walk
Pat Sin Leng, Plover Cove	Running Competition	The North Face 100 Hong Kong Ultra Trail Challenge (16km)	10/12/2023	Wilson Trail Section 10, Pat Sin Leng Nature Trail
Lantau South, Lantau North	Running Competition	Lantau Trail 45	10/12/2023	Nam Shan Barbecue Area Site 1, Lantau Trail section 2-8, Keung Shan Country Trail, South Lantau Country Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Islands Nature Heritage Trail - Tai O section, Islands Nature Heritage Trail - Ngong Ping section, Ngong Ping Rescue Trail
Aberdeen	Orienteering Competition	Eco-Rangers	10/12/2023	Hong Kong Trail Section 3-4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Tai Lam	Orienteering Competition	Hong Kong Annual Trail Orienteering Champhionships (Pre O) cum World Ranking Event	10/12/2023	Tai Tong Nature Trail
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race - Cross Country	10/12/2023	Tin Fu Tsai Mountain Bike Trail, Tin Fu Tsai North Mountain Bike Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Mount Butler Race	10/12/2023	Hong Kong Trail Section 5-6, Wilson Trail Section 2, Quarry Bay Jogging Trail, Wong Nai Chung Tree Walk
Tai Tam (Quarry Bay Extension)	Walkathon	Anniversary Walkathon	15/12/2023	Wilson Trail Section 2

Duration: 01/08/2023 - 28/12/2023				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Plover Cove, Pat Sin Leng	Running Competition	Mountain Range Trail Series Tai Po	16/12/2023	Wilson Trail Section 8 & 9, Lau Shui Heung Country Trail, Fung Hang Country Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Wu Kau Tang Family Walk
Plover Cove	Running Competition	Mizuno Hong Kong Half-Marathon Championships	17/12/2023	Bride's Pool Road, Tai Mei Tuk Road, Ting Kok Road, Plover Cove Reservoir Main Dam
Pok Fu Lam	Walkathon	WYC Annual Fundraising Walk	18/12/2023	Hong Kong Trail Section 1, Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Shing Mun	Running Competition	Trail Race	18/12/2023	Wilson Trail Section 7, Shing Mun Reservoir Walk
Plover Cove	Running Competition	School Running Race	19/12/2023	Plover Cove Reservoir Main Dam
Plover Cove	Walkathon	SALEM-Immanuel Lutheran College 40th Anniversary Walkathon	20/12/2023	Plover Cove Reservoir Main Dam
Sai Kung East, Sai Kung West	Running Competition	High Island GEO Run	24/12/2023	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Shing Mun	Walkathon	Walkathon	24/12/2023	Shing Mun Reservoir Walk, Pineapple Dam Nature Trail