Duration: 01/01/2024 - 31/12/2024				
Country Parks	Activity Type	Event name	Date	Major Activity Area
Plover Cove, Pat Sin Leng	Running Competition	NYNE Mountain Race	01/01/2024	Hok Tau Reservoir Barbecue Area Site 6, Wilson Trail Section 9 & 10, Nam Chung Country Trail, Hok Tau Country Trail, Double Haven Country Trail, Lai Chi Wo Nature Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk
Shing Mun, Lion Rock, Tai Mo Shan, Ma On Shan, Aberdeen, Tai Tam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Pok Fu Lam, Lantau South, Lantau North, Lantau North (Extension)	Running Competition	To The Tops of Hong Kong 100 Challenge	31/12/2023 - 01/01/2024	Lantau Trail Section 1-3, MacLehose Trail Section 5-8, Wilson Trail Section 2-4, Hong Kong Trail Section 1-5, Lung Mun Country Trail, Aberdeen Nature Trail, Pok Fu Lam Family Walk, Kam Shan Tree Walk
Plover Cove	Running Competition	Correctional Services Department 10K Distance Run	06/01/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	KOTH Lantau Mountain Marathon	07/01/2024	Lantau Trail Section 2-4, Nei Lak Shan Country Trail, South Lantau Country Trail
Shing Mun, Tai Lam, Tai Mo Shan	Running Competition	HK50 West	13/01/2024	MacLehose Trail Section 8-10, Lung Mun Country Trail, Tai Lam Chung Country Trail, Yuen Tun Country Trail, Tai Lam Nature Trail, Kap Lung Forest Trail, Yuen Tsuen Ancient Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail
Plover Cove	Walkathon	Walkathon	13/01/2024	Double Haven Country Trail, Lai Chi Wo Nature Trail, Fung Hang Family Walk
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Running Competition	Green Power Hike for a Green Future	13/01/2024 - 14/01/2024	Hong Kong Trail Section 1-8
Shing Mun, Tai Mo Shan	Running Competition	Salomon Hong Kong Dynamic Tai Mo Shan	14/01/2024	MacLehose Trail Section 7-8, Lung Mun Country Trail
Tai Lam	Mountain Bike Competition	Hong Kong Mountain Bike Race - Downhill	14/01/2024	Ho Pui Mountain Bike Trail
Tai Tam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Pok Fu Lam	Running Competition	Victoria Peak Dozen Challenge (Virtual Race)	14/12/2023 - 15/01/2024	Hong Kong Trail Section 1 & 5, Wilson Trail Section 1-2, Tai Tam Country Trail, Pok Fu Lam Tree Walk, Pinewood Battery Heritage Trail, Peak Trail (High West Section), Peak Trail (Pinewood Battery Section), Quarry Bay Jogging Trail
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Third	18/01/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Luk Wu Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk
Sai Kung East, Sai Kung West	Running Competition	Hong Kong 100 - The Half	19/01/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Plover Cove	Walkathon	Walkathon	20/01/2024	Double Haven Country Trail, Lai Chi Wo Nature Trail, Fung Hang Family Walk
Sai Kung West	Public Meeting	HKSOS App Launching Ceremony	20/01/2024	Pak Tam Chung Car Park

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Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Hong Kong 100	20/01/2024 - 21/01/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-8, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Champhionship	22/01/2024	MacLehose Trail Section 10, Tuen Mum Fitness Trail
Tai Lam	Running Competition	All Hong Kong Schools Jing Ying Cross Country (Team) Tournament	23/01/2024	Tai Lam Forest Track, MacLehose Trail Section 10
Shing Mun	Running Competition	Shing Mun Run	27/01/2024	MacLehose Trail Section 7, Wilson Trail Section 7, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Tai Lam	Running Competition	School Running Race	27/01/2024	Tai Tong Barbecue Area Site No. 7, MacLehose Trail Section 10
Tai Mo Shan	Walkathon	The Green Earth Charity Night Walk	27/01/2024	Rotary Park, MacLehose Trail Section 8
Tai Tam, Lantau South, Ma On Shan	Multisports Competition	Four Peaks Race	27/01/2024	Lantau Trail Section 3, Wilson Trail Section 1, MacLehose Trail Section 4, South Lantau Country Trail, Ma On Shan Country Trail
Aberdeen	Walkathon	Po Leung Kuk Charity Walk	27/01/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 4, Aberdeen Tree Walk, Aberdeen Fitness Trail
Plover Cove, Pat Sin Leng	Running Competition	King of the Hills - Tai Po Mountain Marathon	28/01/2024	Wilson Trail Section 8-10, Wu Kau Tang Country Trail, Plover Cove Country Trail, Pat Sin Leng Nature Trail, Bride's Pool Nature Trail, Hok Tau Reservoir Family Walk, Lai Chi Wo Nature Trail
Tai Mo Shan, Lam Tsuen	Orienteering Competition	Rogaine Charity Race	28/01/2024	MacLehose Trail Section 8, Rotary Park Nature Trail, Tai Mo Shan Family Walk, Tai To Yan
Tai Lam	Running Competition	International School Sports Federation Hong Kong Cross Country Mini Meet	02/02/2024	MacLehose Trail Section 10, Tuen Mum Fitness Trail
Plover Cove	Running Competition	Correctional Services Department 10K Distance Run	03/02/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Aberdeen	Orienteering Competition	Yan Oi Tong Charity Orienteering Race	03/02/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3-4, Aberdeen Fitness Trail, Aberdeen Nature Trail, Aberdeen Orienteering Trail
Shing Mun, Kam Shan, Tai Mo Shan	Running Competition	The Wonders of Tai Mo Shan	03/02/2024	Maclehose Trail Section 7 & 8, Wilson Trail Section 7, Kam Shan Tree Walk
Sai Kung East, Sai Kung West	Running Competition	China Coast Marathon and Half Marathon	04/02/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1

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Plover Cove	Walkathon	SALEM-Immanuel Lutheran College 40th Anniversary Walkathon	07/02/2024	Plover Cove Reservoir Main Dam
Aberdeen, Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	Firework Run	11/02/2024	Hong Kong Trail Section 4-6, Wilson Trail Section 2, Quarry Bay Jogging Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	CNY Dragon Tour	12/02/2024	Wilson Trail Section 1-2, Hong Kong Trail Section 5, Tai Tam Country Trail, Quarry Bay Jogging Trail
Shing Mun, Plover Cove, Pat Sin Leng, Tai Lam, Tai Mo Shan, Lam Tsuen	Running Competition	The 9 Dragons - 50 Miles	16/02/2024 - 17/02/2024	MacLehose Trail Section 8-10, Wilson Trail Section 8-10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Wu Kau Tang Country Trail, Tai Tong Nature Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Yuen Tsuen Ancient Trail, Tai To Yan
Tai Lam	Running Competition	Tuen Mun District Road Race	18/02/2024	MacLehose Trail Section 10
Shing Mun, Kam Shan, Lion Rock, Pat Sin Leng, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	The 9 Dragons - 50km	18/02/2024	MacLehose Trail Section 4, 5, 7 & 8, Wilson Trail Section 4 & 9, Eagle's Nest Nature Trail, Lion Rock War Relics Trail, Tai To Yan
Plover Cove	Multisports Competition	Duathlon Series Race	18/02/2024	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Shing Mun, Kam Shan, Plover Cove, Pat Sin Leng, Tai Lam, Tai Mo Shan, Lam Tsuen	Running Competition	Salomon 100 Hong Kong Trail Series	23/02/2024 - 24/02/2024	MacLehose Trail Section 6-8, Wilson Trail Section 6-10, Lau Shui Heung Country Trail, Hok Tau Country Trail, Nam Chung Country Trail, Lung Mun Country Trail, Wu Kau Tang Country Trail, Bride's Pool Nature Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Kap Lung Forest Track, Kap Lung Ancient Trail, Tai To Yan
Sai Kung East, Sai Kung West	Running Competition	Dowman Road Race	24/02/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1
Tai Tam (Quarry Bay Extension)	Orienteering Competition	Colour-coded Orienteering Event	25/02/2024	Quarry Bay Jogging Trail, Quarry Bay Orienteering Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	To The Top of Lantau Challenge	25/02/2024	Lantau Trail Section 1-3, South Lantau Country Trail, Tei Tong Tsai Country Trail, Mui Wo to Pui O Mountain Bike Trail
Shing Mun, Kam Shan, Tai Lam, Tai Mo Shan	Running Competition	Salomon Hong Kong Trail Series 50K cum Golden Trail National Series 25K	25/02/2024	MacLehose Trail Section 6-9, Wilson Trail Section 6-7, Lung Mun Country Trail, Rotary Park Nature Trail, Kap Lung Forest Trail, Kap Lung Ancient Trail
Sai Kung East, Sai Kung West	Running Competition	King of the Hills - Sai Kung Mountain Marathon	25/02/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 2-3, Luk Wu Country Trail, Pak Tam Country Trail, Tai Tan Country Trail, Pak Tam Chung Family Walk, Wong Shek Family Walk, Wong Shek Tree Walk
Plover Cove	Running Competition	Shatin and Sai Kung Secondary Schools Area Inter-School Long Distance Run	01/03/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail

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Pok Fu Lam	Walkathon	Walkathon	01/03/2024	Hong Kong Trail Section 2, Pok Fu Lam Family Walk
Sai Kung East, Sai Kung West	Running Competition	Sai Kung 50	02/03/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Luk Wu Country Trail, Sheung Yiu Country Trail, Pak Tam Country Trail, Cheung Sheung Country Trail
Lantau South, Lantau North	Running Competition	Four Trails Mini - Lantau Trail	03/03/2024	Lantau Trail Section 1- 3
Shing Mun, Kam Shan, Aberdeen, Tai Tam, Lantau South, Lantau North, Tai Lam, Tai Mo Shan, Ma On Shan, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Lantau North (Extension)	Running Competition	Victoria 162	01/03/2024 - 03/03/2024	Lantau Trail Sections 1- 6 & 12, Maclehose Trail Sections 4 & 6-10, Wilson Trail Sections 1- 4 & 6-7, Hong Kong Trail Sections 1-6, South Lantau Country Trail, Nei Lak Shan Country Trail, Keung Shan Country Trail, Lung Mun Country Trail, Yuen Tsuen Ancient Trail, Ma On Shan Country Trail, Hong Pak Country Trail, Tai Tam Country Trail, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tail O Section, Shing Mun Reservoir Walk, Kap Lung Forest Trail, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Mui Wo To Pui O Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Tsing Fai Tong Mountain Bike Trail, Tin Fu Tsai Mountain Bike Trail, Ho Pui Mountain Bike Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Reception Reservoir Jogging Trail, Shek Lei Pui Reservoir Jogging Trail, Kam Shan Family Walk, Quarry Bay Jogging Trail, Quarry Bay Tree Walk, Tai Tam Family Walk, Aberdeen Tree Walk, Aberdeen Fitness Trail, Aberdeen Nature Trail, Pok Fu Lam Family Walk
Tai Tam (Quarry Bay Extension)	Orienteering Competition	TerraX Night Orienteering Championships	09/03/2024	Wilson Trail Section 2, Quarry Bay Jogging Trail
Tai Lam	Running Competition	Healthy Hike & Run	10/03/2024	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Tai Tong Nature Trail, Tai Tong Tree Walk, Yuen Tsuen Ancient Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Walkathon	Hike for Hospice	10/03/2024	Hong Kong Trail Section 5-6, Wilson Trail Section 1-2, Tai Tam Country Trail, Eastern Nature Trail, Quarry Bay Jogging Trail
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	Race for Water	10/03/2024	Hong Kong Trail Section 1-4, Pok Fu Lam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section)
Sai Kung East, Sai Kung West	Running Competition	Airfly Trail Run	10/03/2024	MacLehose Trail Section 1-3, Luk Wu Country Trail, Cheung Sheung Country Trail, Pak Tam Chung Family Walk
Tai Lam	Running Competition	Annual Charity Event Long Ducker	16/03/2024	MacLehose Trail Section 10, Tai Lam Chung Reservoir Mountain Bike Trail, Tuen Mun Fitness Trail
Aberdeen	Orienteering Competition	Joint School Orienteering Championships	16/03/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3 & 4, Aberdeen Nature Trail, Aberdeen Tree Walk, Aberdeen Fitness Trail
Lung Fu Shan	Running Competition	To The Top of Hong Kong Challenge	16/03/2024	Pinewood Battery Heritage Trail

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Lantau South, Lantau North	Running Competition	Lantau 70	16/03/2024 - 17/03/2024	Lantau Trail Section 1-6 & 8-12, Keung Shan Country Trail
Sai Kung East, Sai Kung West	Walkathon	Side by Side Charity Walk	17/03/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk
Shing Mun, Tai Mo Shan	Running Competition	Fat Mak Trail Race	17/03/2024	Shing Mun Picnic Site No. 1 (Butterfly Paradise), MacLehose Trail Section 7 & 8, Lung Mun Country Trail, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Aberdeen, Tai Tam, Shek O, Pok Fu Lam, Lung Fu Shan	Running Competition	Island Scout Trail Walk	17/03/2024	Hong Kong Trail Section 1-8
Plover Cove	Running Competition	On Track to Save	17/03/2024	Plover Cove Reservoir Main Dam
Tai Lam	Running Competition	Running Race	23/03/2024	Tai Lam Chung Catchwater
Pat Sin Leng	Running Competition	Gurkha Trailblazer	24/03/2024	Wilson Trail Section 9 & 10, Lau Shui Heung Country Trail, Pat Sin Leng Nature Trail, Hok Tau Reservoir Family Walk
Aberdeen, Tai Tam	Running Competition	Four Trails Mini - Hong Kong Trail	24/03/2024	Hong Kong Trail Section 3-6
Sai Kung East, Sai Kung West	Walkathon	Lions Walk for Life Charity Walkathon	24/03/2024	Pak Tam Chung P.H.A.B., MacLehose Trail Section 1
Tai Tam	Running Competition	Walk For A Vision	24/03/2024	Wilson Trail Section 1, Hong Kong Trail Section 5, Tai Tam Country Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung East, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Hong Kong 100 Flex	01/03/2024 - 28/03/2024	MacLehose Trail Section 1-8, Luk Wu Country Trail, Tai Tan Country Trail, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk, Wong Shek Family Walk
Shing Mun, Kam Shan, Lion Rock, Aberdeen, Tai Tam, Lantau South, Lantau North, Tai Lam, Tai Mo Shan, Ma On Shan, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan, Lantau North (Extension)	Running Competition	4TUL	29/03/2024 - 30/03/2024	MacLehose Trail Section 5-6 & 8-10, Hong Kong Trail Section 1-5, Wilson Trail Section 2-4 & 7, Lantau Trail Section 8-12, Keung Shan Country Trail, Tai Lam Nature Trail, Eagle's Nest Nature Trail, Pineapple Dam Nature Trail, Yuen Tsuen Ancient Trail, Tuen Mun Fitness Trail, Islands Nature Heritage Trail - Ngong Ping Section, Pok Fu Lam Tree Walk, Aberdeen Tree Walk, Quarry Bay Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Pok Fu Lam Family Walk, Quarry Bay Jogging Trail, War Relics Trail (Lion Rock & Ma On Shan), War Relics Trail (Shing Mun), Shing Mun Reservoir Walk, Twisk Mountain Bike Trail, Tai Fu Tsai Mountain Bike Trail, Tai Tong Mountain Bike Trail, Tai Lam Chung Reservoir Mountain Bike Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Mui Wo to Pui O Mountain Bike Trail
Shing Mun, Pat Sin Leng, Tai Mo Shan, Lam Tsuen	Running Competition	GOLDEN 100 HONG KONG Big K 45KM	01/04/2024	Rotary Club Park, MacLehose Trail Section 7 & 8, Wilson Trail Section 8, Lau Shui Heung Country Trail, Tai To Yan

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Running Competition	Space Tunnel Run	06/04/2024	Maclehose Trail Section 10, Tai Lam Chung Country Trail, Yuen Tsuen Ancient Trail, Tai Tong Nature Trail
Orienteering Competition	Mr. Paddy Birney Memorial Orienteering Score Event	07/04/2024	Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Running Competition	Sai Kung Sprints	14/04/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Luk Wu Country Trail, Pak Tam Country Trail
Running Competition	KOTH - Hong Kong Mountain Marathon	14/04/2024	Wilson Trail Section 1-2, Hong Kong Trail Section 5, Tai Tam Country Trail, Hong Pak Country Trail, Quarry Bay Tree Walk
Running Competition	Four Trails Mini - Wilson Trail	14/04/2024	Wilson Trail Section 8-10, Pat Sin Leng Nature Trail
Running Competition	Country of Origin	21/04/2024	Lantau Trail Section 1 & 12, Lo Fu Tau Country Trail, Hong Kong Olympic Trail
Running Competition	Inter-Hong Long Distance Run	21/04/2024	Plover Cove Reservoir Main Dam
Running Competition	Country of Origin	21/04/2024	Lantau Trail Section 1 & 12, Lo Fu Tau Country Trail, Hong Kong Olympic Trail
Orienteering Competition	Orienteering	27/04/2024	Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Public Meeting	Rotary Club of New Territories 50th Anniversary Monument Opening Ceremony	27/04/2024	Rotary Park
Orienteering Competition	TerraX Orienteering Championships cum Hong Kong Orienteering Ranking League	28/04/2024	MacLehose Trail Section 8, Wilson Trail Section 7, Lung Mun Country Trail, Rotary Park Nature Trail, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Running Competition	Repulse Bay Sprints	28/04/2024	Wilson Trail Section 1-2, Hong Kong Trail Section 5
Running Competition	The Green Race x Sportnote - Pottinger	28/04/2024	Hong Kong Trail Section 8, Pottinger Peak Country Trail, Shek O Mountain Bike Trail
Running Competition	Chuen Lung Trail Race	01/05/2024	Rotary Park, MacLehose Trail Section 7-8, Lung Mun Country Trail, Rotary Club Park Nature Trail
Running Competition	Lantau Stairmaster	04/05/2024	Nam Shan Barbecue Area Site No. 1, Lantau Trail Section 2-3, Ngong Ping Tree Walk
	Competition  Orienteering Competition  Running Competition  Running Competition  Running Competition  Running Competition  Running Competition  Orienteering Competition  Orienteering Competition  Public Meeting  Orienteering Competition  Running Competition	Competition  Space Lunnel Run  Orienteering Competition  Running Competition  Country of Origin  Running Competition  Running Competition  Country of Origin  Competition  Country of Origin  Orienteering Competition  Orienteering Competition  Orienteering Competition  Orienteering Competition  Terrax Orienteering Championships cum Hong Kong Orienteering Running Competition  Running Competition  Terrax Orienteering Championships cum Hong Kong Orienteering Ranking League  Running Competition  Running Competition  Running Competition  Competition  Competition  Championships Competition  Running Competition  Competition  Competition  Championships Competition  Competition  Competition  Competition  Competition  Competition  Championships Competition  Competition  Competition  Competition  Competition  Championships Competition  Competition  Competition  Competition  Competition  Competition  Competition  Championships Competition  Competi	Competition Space Lunnel Run Orienteering Competition Mr. Paddy Birney Memorial Orienteering Score Event  Running Competition Sai Kung Sprints 14/04/2024  Running KOTH - Hong Kong Mountain Marathon 14/04/2024  Running Competition Four Trails Mini - Wilson Trail 14/04/2024  Running Competition Country of Origin 21/04/2024  Running Inter-Hong Long Distance Run 21/04/2024  Running Competition Orienteering Competition Orienteering Competition 21/04/2024  Running Trail Rotary Club of New Territories Soth Anniversary Monument Opening Ceremony  Orienteering Championships cum Hong Kong Orienteering Ranking League 28/04/2024  Running Competition Repulse Bay Sprints 28/04/2024  Running Competition The Green Race x Sportnote - Pottinger 28/04/2024  Running Competition Chuen Lung Trail Race 01/05/2024

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Plover Cove	Multisports Competition	Festival of Sport - Age Group Triathlon	05/05/2024	Bride's Pool Road, Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Tai Lam	Running Competition	Yuen Long Cross Country Race	05/05/2024	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Tai Tong Nature Trail
Shing Mun, Tai Mo Shan	Running Competition	Four Trails Mini - MacLehose Trail	05/05/2024	Rotary Park, MacLehose Trail Section 7 - 8
Shek O	Walkathon	HKTV x HKDEAF Hiking Fund Raising Activity	11/05/2024	Hong Kong Trail Section 8, Pottinger Peak Country Trail
Shing Mun, Tai Mo Shan	Running Competition	Four Trails Mini - MacLehose Trail	12/05/2024	Rotary Park, MacLehose Trail Section 7 - 8
Tai Tam	Running Competition	Twins Stairmaster	18/05/2024	Tai Tam Barbecue Area Site No. 2, Tai Tam Reservoir Road, Wilson Trail Section 1
Tai Tam	Running Competition	Morgan Stanley Hikeathon Race	01/06/2024	Wilson Trail Section 1
Shing Mun, Tai Mo Shan	Running Competition	Chuen Lung Trail Race	02/06/2024	Rotary Park, MacLehose Trail Section 7-8, Lung Mun Country Trail, Rotary Club Park Nature Trail
Shek O	Walkathon	HKTV x HKDEAF Hiking Fund Raising Activity	15/06/2024	Hong Kong Trail Section 8, Pottinger Peak Country Trail
Tai Tam, Tai Tam (Quarry Bay Extension)	Running Competition	3 Ball Trail Run - Mount Parker	07/07/2024	Wilson Trail Section 2, Hong Kong Trail Section 5-6, Tai Tam Family Walk
Tai Mo Shan	Running Competition	Suunto Hong Kong	14/07/2024	Rotary Park, MacLehose Trail Section 7-8
Aberdeen	Running Competition	Victoria 10 Dutch Lane	14/07/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 4 , Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk
Ma On Shan	Road Bike Competition	Hong Kong Road Cycling Race - Series 1	21/07/2024	Fei Ngo Shan Road
Shing Mun, Kam Shan	Running Competition	Summer Trail Run - Shing Mun	21/07/2024	MacLehose Trail Section 6 & 7, Wilson Trail Section 6
Shing Mun, Kam Shan	Running Competition	Summer Trail Run - Shing Mun	28/07/2024	MacLehose Trail Section 6 & 7, Wilson Trail Section 6

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		28/07/2024	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Tai Tong Nature Trail, Yuen Tsuen Ancient Trail, Tai Lam Chung Reservoir Mountain Bike Trail
Multisports Competition	Summer Triathlon Challenge	04/08/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail, Bride's Pool Road
Running Competition	3 Ball Trail Run - Tai Mo Shan	11/08/2024	Rotary Park, MacLehose Trail Section 8, Lung Mun Country Trail, Shing Mun Catchwater
Running Competition	Summer Trail Run - Sai Kung	18/08/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1, Luk Wu Country Trail
Running Competition	Chung Hing Cup - Tsuen Wan 10K Super Summer Challenge Race	25/08/2024	Shing Mun Catchwater
Running Competition	Southern District Cross Country Run	25/08/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3, Aberdeen Nature Trail
Running Competition	5 Lakes	01/09/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3-6, Wilson Trail Section 1, Tai Tam Country Trail, Aberdeen Nature Trail, Tai Tam Family Walk, Aberdeen Fitness Trail, Aberdeen Tree Walk
Running Competition	AVOHK 5K Series	07/09/2024	Hong Kong Trail Section 6
Running Competition	VJ MacLehose Trail 45	08/09/2024	Rotary Park, MacLehose Trail Section 4-8
Running Competition	Dragon Race Around Tai Mo Shan Relay	14/09/2024	MacLehose Trail Section 8, Tai Mo Shan Road
Running Competition	VJ MacLehose Trail 45	15/09/2024	Rotary Park, MacLehose Trail Section 4- 8
Running Competition	Brooks HOT25 by V162	15/09/2024	Hong Kong Trail Section 3-6, Wilson Trail Section 2, Tai Tam Family Walk, Pok Fu Lam Tree Walk, Aberdeen Tree Walk
Running Competition	NRNG Heat	21/09/2024	MacLehose Trail Section 6, Wilson Trail Section 6, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk
Running Competition	AVOHK 5K Series	21/09/2024	Hong Kong Trail Section 4
Running Competition	Runaround Sai Kung	22/09/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Sheung Yiu Country Trail, Luk Wu Country Trail
	Competition  Multisports Competition  Running Competition	Competition distance Trail Race  Multisports Competition Challenge  Running 3 Ball Trail Run - Tai Mo Shan  Running Competition Summer Trail Run - Sai Kung  Running Chung Hing Cup - Tsuen Wan 10K Super Summer Challenge Race  Running Competition Southern District Cross Country Run  Running Competition 5 Lakes  Running Competition VJ MacLehose Trail 45  Running Competition Dragon Race Around Tai Mo Shan Relay  Running Competition VJ MacLehose Trail 45  Running Competition Pragon Race Around Tai Mo Shan Relay  Running Competition Running Competition Proks HOT25 by V162  Running Competition NRNG Heat  Running Running Running Competition AVOHK 5K Series	Multisports Competition Summer Triathlon Challenge 04/08/2024  Running 3 Ball Trail Run - Tai 11/08/2024  Running Competition Summer Trail Run - Sai 18/08/2024  Running Competition Wan 10K Super Summer Challenge Race 25/08/2024  Running Competition Southern District Cross Competition Country Run 25/08/2024  Running Southern District Cross Competition AVOHK 5K Series 07/09/2024  Running Competition VJ MacLehose Trail 45 08/09/2024  Running Dragon Race Around Tai 14/09/2024  Running Competition VJ MacLehose Trail 45 15/09/2024  Running Competition Procks HOT25 by V162 15/09/2024  Running Competition NRNG Heat 21/09/2024  Running Competition NRNG Heat 21/09/2024  Running Competition AVOHK 5K Series 21/09/2024

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Lion Rock, Ma On Shan	Running Competition	3 Ball Trail Run-Beacon Hill	22/09/2024	Wilson Trail Section 4, MacLehose Trail Section 4-5, Lion Rock War Relics Trail
Tai Lam	Running Competition	Inter-class running event	26/09/2024	Tai Lam Forest Track, MacLehose Trail Section 10
Tsiu Hang Special Area	Orienteering Competition	HK Team Selection Race for ACOC and AsOC	28/09/2024	Lions Nature Education Centre
Shek O	Running Competition	Hong Kong Carlton Trophy Competition	29/09/2024	Hong Kong Trail Section 8, Pottinger Peak Country Trail
Ma On Shan	Orienteering Competition	Hong Kong Orienteering Ranking League	29/09/2024	Ma On Shan Barbecue Area, MacLehose Trail Section 4, Ma On Shan Country Trail
Sai Kung East, Sai Kung West	Running Competition	Sai Kung Speed - NRNG	20/00/2024	Pak Tam Chung P.H.A.B Site, MacLehose Trail Section 2-3, Tai Tan Country Trail, Wong Shek Tree Walk, Pak Tam Chung Family Walk, Wong Shek Family Walk, Hoi Ha to Wan Tsai Mountain Bike Trail
Shing Mun, Tai Mo Shan	Running Competition	Light 16	29/09/2024	Rotary Park, MacLehose Trail Section 7-8, Tai Mo Shan Road
Tai Lam	Orienteering Competition	Orienteering Competition	01/10/2024	Chuen Lung Barbecue Area Site 1, Twisk Nature Trail, Twisk Mountain Bike Trail
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	Dark 45	01/10/2024	Kei Leng Ha Barbecue Area, Rotary Park, MacLehose Trail Section 4-8
Plover Cove	Running Competition	Motor Run	01/10/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail
Pat Sin Leng	Walkathon	Walkathon	01/10/2024	Lau Shui Heung Country Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	MacLehose Trail Warm- up Race	05/10/2024	Rotary Park, MacLehose Trail Section 3-8
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	National Day Mountain Challenge	05/10/2024	Hong Kong Trail Section 1-3, Pok Fu Lam Tree Walk, Peak Trail
Plover Cove	Cross Harbour Swimming Competition	Cross Tolo Harbour Open Race	06/10/2024	Plover Cove Reservoir Main Dam
Sai Kung East, Sai Kung West	Running Competition	Thaiquain Cup	06/10/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1

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Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	06/10/2024	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Lam Tsuen, Ma On Shan	Running Competition	Ultra Fish N Sheep Trail Run	11/10/2024	Wilson Trail Section 3-4, MacLehose Trail Section 5-8, Tai To Yan
Shek O	Walkathon	HKTV x HKDEAF Hiking Fund Raising Activity	12/10/2024	Hong Kong Trail Section 8, Pottinger Peak Country Trail
Sai Kung East, Sai Kung West	Orienteering Competition	Outward Bound Multi- Race	12/10/2024	MacLehose Trail Section 1-2, Pak Tam Country Trail, Luk Wu Country Trail, Pak Tam Chung Family Walk
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 2 Peaks	13/10/2024	Lantau Trail Section 2-3, Nei Lak Shan Country Trail, Wong Lung Hang Country Trail, South Lantau Country Trail, Ngong Ping Rescue Trail
Shing Mun, Kam Shan, Lion Rock, Sai Kung West, Tai Mo Shan, Ma On Shan	Running Competition	Touge Fifty	13/10/2024 - 14/10/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 3-4, Pak Tam Chung Family Walk
Tai Tam	Running Competition	APAC Cross Country	17/10/2024 - 18/10/2024	Hong Kong Trail Section 6, Tai Tam Reservoir Road
Lantau South, Lantau North	Running Competition	Moontrekker	18/10/2024 - 19/10/2024	Lantau Trail Section 3, 11 & 12, South Lantau Country Trail, Tei Tong Tsai Country Trail, Chi Ma Wan Country Trail, Mui Wo to Pui O Mountain Bike Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail
Sai Kung East, Sai Kung West	Running Competition	Runaround Sai Kung	19/10/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2, Sheung Yiu Country Trail, Luk Wu Country Trail
Plover Cove	Running Competition	KMB Long Distance Run	20/10/2024	Plover Cove Main Dam
Aberdeen	Orienteering Competition	Hong Kong Orienteering Ranking League - Middle/Long	20/10/2024	Aberdeen P.H.A.B. Site, Hong Kong Trail Section 3-4, Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk
Shing Mun, Kam Shan, Lion Rock, Tai Tam, Pat Sin Leng, Tai Mo Shan, Ma On Shan, Tai Tam (Quarry Bay Extension)	Running Competition	Raleigh Challenge - Wilson Trail	19/10/2024 - 20/10/2024	Tai Tam Barbecue Area Site No.2, Wilson Trail Section 1-10
Aberdeen	Running Competition	Henry Shield Relay Race	24/10/2024	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail
Ma On Shan	Radio Control Soaring Competition	Typhoon Race Hong Kong	22/10/2024 - 25/10/2024	Ma On Shan Ngong Ping
Shing Mun, Kam Shan	Running Competition	Magic Teapot Run - NRNG	26/10/2024	MacLehose Trail Section 6-7, Wilson Trail Section 6-7, Lung Mun Country Trail, Pineapple Dam Nature Trail, Shing Mun Reservoir Walk

Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan	Running Competition	HK50 Hong Kong Island	26/10/2024	Hong Kong Trail Section 1-5, Wilson Trail Section 1-2, Hong Pak Country Trail, Tai Tam Country Trail, Pok Fu Lam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Quarry Bay Orienteering Trail, Quarry Bay Jogging Trail
Aberdeen, Tai Tam, Pok Fu Lam, Tai Tam (Quarry Bay Extension), Lung Fu Shan	Running Competition	HK50 Hong Kong Island	27/10/2024	Hong Kong Trail Section 1-5, Wilson Trail Section 1-2, Hong Pak Country Trail, Tai Tam Country Trail, Pok Fu Lam Family Walk, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section), Quarry Bay Orienteering Trail, Quarry Bay Jogging Trail
Plover Cove, Pat Sin Leng	Running Competition	HK Wild 50	27/10/2024	Plover Cove Main Dam, Wilson Trail Section 8-10, Lau Shui Heung Country Trail, Wu Kau Tang Country Trail, Double Haven Country Trail, Plover Cove Reservoir Country Trail, Pat Sin Leng Nature Trail, Tai Mei Tuk Family Walk, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Lai Chi Wo Nature Trail
Shing Mun, Kam Shan, Lion Rock, Tai Mo Shan, Ma On Shan	Running Competition	Sowers Action Challenging 12 Hours	27/10/2024	Wilson Trail Section 6-8, MacLehose Trail Section 5-8, Lung Mun Country Trail, Shing Mun Reservoir Walk
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	To The Top of Lantau Challenge	27/10/2024	Lantau Trail Section 1-3, South Lantau Country Trail, Tei Tong Tsai Country Trail, Mui Wo to Pui O Mountain Bike Trail
Tai Lam	Running Competition	Inter-class running event	28/10/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Public Meeting	Training for the Enhanced Smart Teen Project	30/10/2024	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Tai Lam	Running Competition	Inter-class running event	30/10/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	Inter-School Cross- Country Competition	01/11/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Kam Shan	Running Competition	School Running Race	01/11/2024	MacLehose Trail Section 6, Shek Lei Pui Reservoir Jogging Trail, Kowloon Reception Reservoir Jogging Trail, Kam Shan Tree Walk
Aberdeen	Running Competition	AVOHK Aberdeen Reservoir Race	02/11/2024	Hong Kong Trail Section 3-4, Aberdeen Fitness Trail, Aberdeen Tree Walk
Lantau South, Lantau North	Running Competition	Buddha You Run	02/11/2024	Lantau Trail Section 3, Nei Nak Shan Country Trail, Tei Tong Tsai Country Trail, Ngong Ping Tree Walk
Tsiu Hang Special Area	Orienteering Competition	Hong Kong Annual Trail Orienteering Championships - Pre O	02/11/2024	Lions Nature Education Centre
Sai Kung East, Sai Kung West	Running Competition	GAMAHK Charity Trail Run	02/11/2024	Pak Tam Chung P.H.A.B Site, MacLehose Trail Section 1, Pak Tam Chung Nature Trail, Sheung Yiu Family Walk
Tai Tam	Walkathon	Silver Lining Charity Walk	03/11/2024	Tai Tam Barbecue Area Site 2, Hong Kong Trail Section 6, Tai Tam Family Walk

		Hong Kong Annual Trail		
Tsiu Hang Special Area	Orienteering Competition	Orienteering Championships (Temp O) cum World Ranking Event	03/11/2024	Lions Nature Education Centre
Tai Lam	Running Competition	Hong Kong Short- distance Trail Race	03/11/2024	Tai Tong Barbecue Area Site No. 1, MacLehose Trail Section 10, Tai Tong Nature Trail, Yuen Tsuen Ancient Trail, Tai Lam Chung Reservoir Mountain Bike Trail
Lion Rock	Orienteering Competition	HKOC Committee cup cum Open Event	03/11/2024	Shui Chuen Au Street
Aberdeen	Running Competition	School Running Race	06/11/2024	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Tree Walk
Tai Lam	Running Competition	Inter-School Cross- Country Competition	04/11/2024 - 06/11/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	Inter-School Cross- Country Competition	07/11/2024 - 08/11/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Ma On Shan	Running Competition	Inner Challenge	09/11/2024	MacLehose Trail Section 4, Ma On Shan Country Trail
Tai Mo Shan	Public Meeting	Rotary Club of New Territories 50th Anniversary Monument Opening Ceremony	09/11/2024	Rotary Park
Plover Cove	Public Meeting	Training for the Enhanced Smart Teen Project	10/11/2024	Plover Cove Reservoir Main Dam, Plover Cove Reservoir Country Trail, Bride's Pool Road
Lantau South	Running Competition	TransLantau25 by UTMB	10/11/2024	Lantau Trail Section 12, Chi Ma Wan Country Trail, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail
Tai Lam	Running Competition	RMAC Gold Coast 15K	10/11/2024	Ting Kau Catchwater
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	TransLantau by UTMB	08/11/2024 - 10/11/2024	Lantau Trail Section 1-6, 9, 10 & 12, Chi Ma Wan Country Trail, Keung Shan Country Trail, Nei Lak Shan Country Trail, Shek Pik Country Trail, South Lantau Country Trail, Tei Tong Tsai Country Trail, Wong Lung Hang Country Trail, Lo Fu Tau Country Trail, Nam Shan Tree Walk, Ngong Ping Tree Walk, Islands Nature Heritage Trail - Ngong Ping Section, Islands Nature Heritage Trail - Tai O Section, Islands Nature Heritage Trail - Mui Wo Section, Hong Kong Olympic Trail, Mui Wo To Pui O Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail, Pui O To Kau Ling Chung Mountain Bike Trail
Tai Lam	Running Competition	Inter-School Cross- Country Competition	12/11/2024 - 13/11/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	School Running Race	14/11/2024	Tai Tong Barbecue Area Site 6, Tai Lam Forest Track

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Running Competition	AVOHK Tai Tam Reservoir Race	16/11/2024	Hong Kong Trail Section 6, Tai Tam Reservoir Road
Running Competition	Oxfam Trailwalker	15/11/2024 - 17/11/2024	Pak Tam Chung P.H.A.B Site, MacLehose Trail Section 1-10
Running Competition	King's College Annual Cross-country Race	21/11/2024	Pok Fu Lam Reservoir Road, Hong Kong Trail Section 2
Running Competition	Inter-class running event	22/11/2024	MacLehose Trail Section 10, Tai Lam Forest Track
Running Competition	Inter-class running event	22/11/2024	Tai Lam Forest Track, MacLehose Trail Section 10
		23/11/2024	Pak Tam Chung P.H.A.B Site, MacLehose Trail Section 1 - 2, Tai Tan Country Trail, Tai Long Wan Hiking Trail
	Calabrating IIAE China	23/11/2024	Hong Kong Trail Section 1-4, Aberdeen Nature Trail, Pok Fu Lam Tree Walk, Aberdeen Fitness Trail, Peak Trail
Running Competition	Run Charity Race	23/11/2024	Wilson Trail Section 2, Hong Kong Trail Section 5 & 6, Tai Tam Family Walk
Walkathon	Walkathon	24/11/2024	Hok Tau Country Trail
Running Competition	Island Hike and Run	24/11/2024	Wilson Trail Section 1 & 2, Hong Kong Trail Section 5 & 6, Tai Tam Country Trail, Wong Nai Chung Tree Walk, Eastern Nature Trail
Running Competition	_		Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 2-3, Luk Wu Country Trail, Pak Tam Country Trail, Tai Tan Country Trail, Pak Tam Chung Family Walk, Wong Shek Family Walk, Wong Shek Tree Walk
Running Competition	Inter-class running event	25/11/2024 - 26/11/2024	Tai Lam Forest Track, MacLehose Trail Section 10
Running Competition	ISSFHK Cross Country Running Race	26/11/2024	Hong Kong Trail Section 2, Pok Fu Lam Family Walk
Public Meeting	Training for the Enhanced Smart Teen Project	27/11/2024, 11/12/2024	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Running Competition	School Running Race	28/11/2024	Tai Lam Forest Track, MacLehose Trail Section 10
	Running Competition  Running Competition	Running Competition  Running C	Running Competition Reservoir Race 15/11/2024 17/11/2024  Running Competition Cross-country Race 21/11/2024  Running Competition Inter-class running event 22/11/2024  Running Competition Inter-class running event 22/11/2024  Running Competition Hong Kong 58Km Ultra Trail Run 23/11/2024  Running Competition Clebrating UAE-China 40th Anniversary of Diplomatic Relations  Running Competition Run Charity Race 23/11/2024  Walkathon Walkathon 24/11/2024  Running Competition Island Hike and Run 24/11/2024  Running Competition Inter-class running event 25/11/2024  Running King of the Hills - Sai Kung Mountain Marathon Inter-class running event 25/11/2024 25/11/2024  Running Competition Inter-class running event 25/11/2024 26/11/2024  Running Competition Inter-class running event 25/11/2024 - 26/11/2024  Running Training for the Enhanced Smart Teen Project 27/11/2024, 11/12/2024

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Lantau South, Lantau North	Running Competition	Moontrekker	29/11/2024 - 30/11/2024	Lantau Trail Section 3, 11 & 12, South Lantau Country Trail, Tei Tong Tsai Country Trail, Chi Ma Wan Country Trail, Mui Wo to Pui O Mountain Bike Trail, Pui O to Kau Ling Chung Mountain Bike Trail, Chi Ma Wan Mountain Bike Trail
Aberdeen	Running Competition	Celebration of the 60th Anniversary of Dongjiang Water Supply to Hong Kong Running Competition	30/11/2024	Aberdeen PHAB Site, Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk
Tai Tam	Running Competition	HKIS Turkey Trot	30/11/2024	Tai Tam Reservoir Road, Hong Kong Trail Section 6
Pat Sin Leng, Lam Tsuen, Tai Mo Shan, Tai Lam, Shing Mun	Running Competition	Golden 100 Hong Kong (55Km)	30/11/2024 - 01/12/2024	MacLehose Trail Section 1-9, Wilson Trail Section 7, Luk Wu Country Trail, Pak Tam Country Trail, Tai Lam Chung Country Trail , Yuen Tsuen Ancient Trail, Tai Tong Nature Trail, Kap Lung Forest Trail, Hoi Pui Mountain Bike Trail, Tai Long Wan Hiking Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	Lantau 50	01/12/2024	"Lantau Trail Section 2, 3, 4, 5, 7 & 8, Wong Lung Hang Country Trail, Keung Shan Country Trail, Shek Pak Country Trail, Nei Lak Shan Country Trail, Islands Nature Heritage Trail - Ngong Ping Section, Hong Kong Olympic Trail, Ngong Ping Rescue Trail
Tai Lam	Running Competition	Golden 100 Hong Kong (16Km)	01/12/2024	MacLehose Trail Section 10, Tai Lam Chung Country Trail, Tai Tong Nature Trail, Yuen Tsuen Ancient Trail, Tai Tong Mountain Bike Trail
Aberdeen, Pok Fu Lam, Lung Fu Shan	Running Competition	Lockton Fearless Dragon Trail Run	01/12/2024	Hong Kong Trail Section 1-4, Aberdeen Nature Trail, Aberdeen Fitness Trail, Aberdeen Tree Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Pok Fu Lam	Walkathon	WYC Annual Fundraising Walk	06/12/2024	Hong Kong Trail Section 1, Pok Fu Lam Family Walk, Pok Fu Lam Tree Walk, Peak Trail (Pinewood Battery Section), Peak Trail (High West Section)
Tai Lam	Running Competition	School Running Race	06/12/2024	Tai Tong Barbecue Area Site No.7, MacLehose Trail Section 10, Tai Lam Forest Track
Tai Lam	Running Competition	Harrow International School Mini Cross Country Meet	06/12/2024	MacLehose Trail Section 10, Tuen Mum Fitness Trail
Pok Fu Lam	Walkathon	Walk with PRIDE Walkathon	07/12/2024	Hong Kong Trail Section 2
Tai Lam	Orienteering Competition	Orienteering Competition	07/12/2024	Twisk Barbecue Area Site 2, MacLehose Trail Section 9, Twisk Nature Trail, Kap Lung Ancient Trail, Kap Lung Forest Trail, Ho Pui Mountain Bike Trail, Twisk Mountain Bike Trail
Sai Kung West	Orienteering Competition	Hong Kong Annual Orienteering Championships (Long)	08/12/2024	MacLehose Trail Section 3, Cheung Sheung Country Trail
Tai Tam	Running Competition	Youth Challenge Race	08/12/2024	Hong Kong Trail Section 6, Wilson Trail Section 1, Tai Tam Country Trail, Tai Tam Family Walk
Ma On Shan	Orienteering Competition	Gilwell Trail Race	08/12/2024	MacLehose Trail Section 4

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Tai Lam	Competition	Championships 2024 - Downhill	08/12/2024	Ho Pui Mountain Bike Trail
Aberdeen	Running Competition	Pride Run	08/12/2024	Hong Kong Trail Section 3-4, Aberdeen Reservoir Road, Aberdeen Fitness Trail, Lady Clementi's Ride
Tai Lam	Public Meeting	Training for the Enhanced Smart Teen Project	11/12/2024	Tai Lam Ecological Garden, Yuen Tun Country Trail, Tai Lam Nature Trail
Aberdeen	Running Competition	School Running Race	12/12/2024	Aberdeen P.H.A.B. Site, Aberdeen Nature Trail, Aberdeen Fitness Trail
Tsiu Hang	Public Meeting	Inauguration and Fun Day	14/12/2024	Lions Nature Education Centre
Tai Tam	Running Competition	Youth Challenge Race	14/12/2024	Hong Kong Trail Section 6, Wilson Trail Section 1, Tai Tam Country Trail, Tai Tam Family Walk
Sai Kung East, Sai Kung West	Running Competition	Coros Spark Run (50km & 23km)	14/12/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-3, Tai Tan Country Trail, Cheung Sheung Country Trail, Wong Shek Family Walk, Wong Shek Tree Walk, Tai Long Wan Hiking Trail
Shing Mun, Plover Cove, Pat Sin Leng, Tai Mo Shan, Lam Tsuen	Running Competition	The North Face 100 Hong Kong	13/12/2024-15/12/2024	MacLehose Trail Section 8, Wilson Trail Section 7-10, Hok Tau Country Trail, Lau Shui Heung Country Trail, Wu Kau Tang Country Trail, Double Haven Country Trail, Lung Mun Country Trail, Pat Sin Leng Nature Trail, Lai Chi Wo Nature Trail, Hok Tau Reservoir Family Walk, Fung Hang Family Walk, Tai Mo Shan Forest Track, Tai To Yan, Tai Mo Shan Road
Lam Tsuen	Running Competition	The North Face 100 Ultra Trail Challenge (Short Course)	15/12/2024	Tai To Yan
Sai Kung East, Sai Kung West	Running Competition	Coros Spark Run 50 (Half Marathon & 10km)	15/12/2024	Pak Tam Chung P.H.A.B. Site, MacLehose Trail Section 1-2
Ma On Shan	Walkathon	Walkathon	15/12/2024	Ma On Shan Barbecue Area, MacLehose Trail Section 4, Ma On Shan Country Trail
Tai Tam	Walkathon	Stride for a Cure	15/12/2024	Hong Kong Trail Section 6, Tai Tam Reservoir Road
Tai Lam	Mountain Bike Competition	Mountain Bike National Championships- Cross Country	15/12/2024	Tin Fu Tsai Mountain Bike Trail, Tin Fu Tsai North Mountain Bike Trail
Lantau South, Lantau North, Lantau North (Extension)	Running Competition	TGR x Sportsnote - Tigershead	15/12/2024	Lantau Trail Section 12, Chi Ma Wan Country Trail, Lo Fu Tau Country Trail, Mui Wo to Pui O Mountain Bike Trail, Hong Kong Olympic Trail, Island Nature Heritage Trail - Mui Mo Section

Plover Cove	Running Competition	School Running Race	19/12/2024	Plover Cove Reservoir Main Dam
Shing Mun	Running Competition	School Running Race	19/12/2024	Wilson Trail Section 7, Shing Mun Reservoir Walk
Ma On Shan	Running Competition	Mountain Ranger 50	21/12/2024	MacLehose Trail Section 4-5, Wilson Trail Section 4, Ma On Shan Country Trail
Kam Shan	Public Meeting	Tamu Society New Year Celebration	25/12/2024	Shek Lei Pui Reservoir Barbecue Area Site No.2