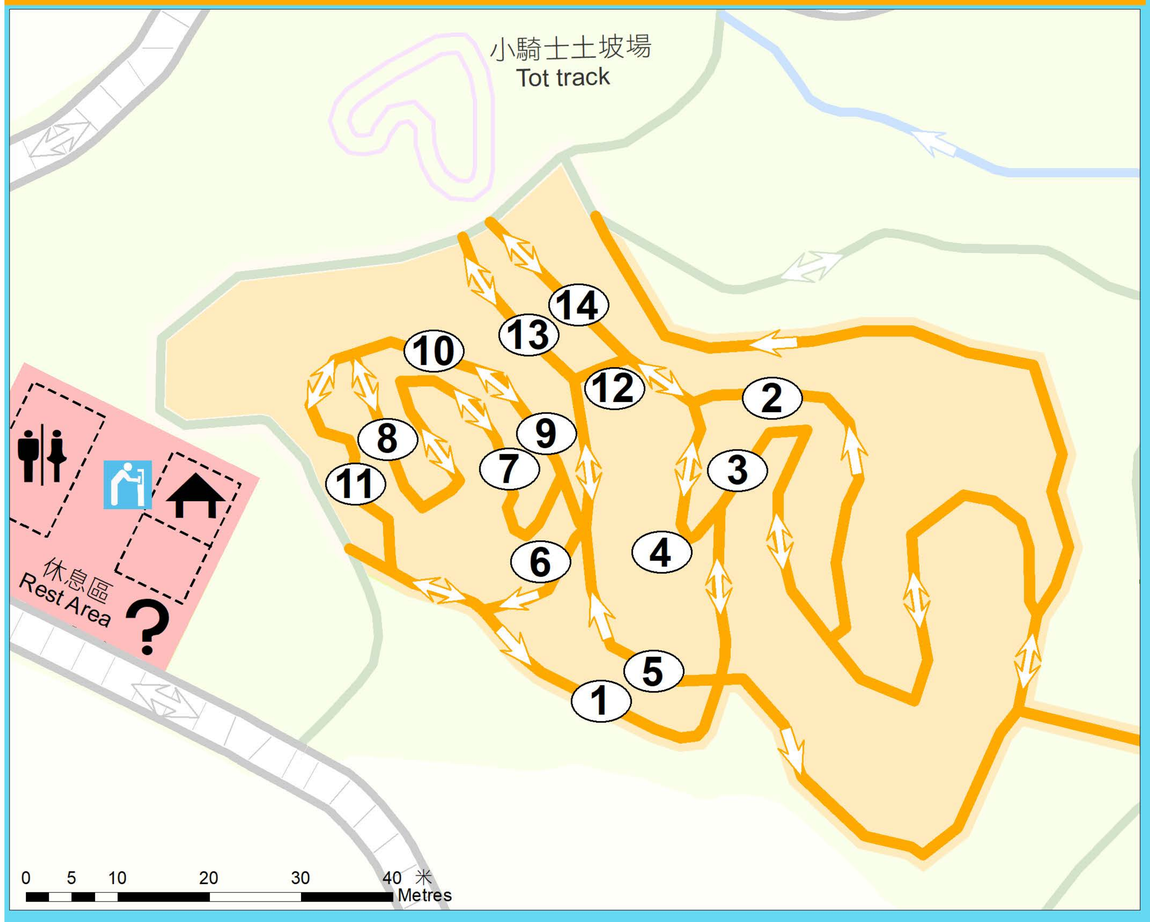
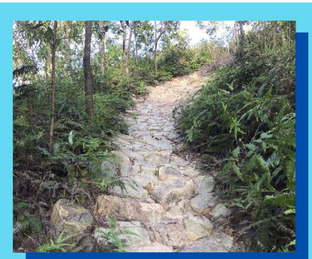
初學者練習區
Beginner Practice Area



1 上坡訓練
Uphill challenge



2 碎石坡道
Rock garden

3 之形路線
Switch back

4 之形路線
Switch back

5 陡峭下坡路段
Steep descent

6 碎石坡道
Rock garden

7 傾斜路面
Off camber

8 橫木棧道
Frontal log

9 沙池
Sand pit

10 石池
Rock pit

11 連彎小道
Cork screw

12 木頭徑道
Ladder bridge

13 獨木橋
Skinny

14 木頭徑道
Ladder bridge

漁農自然護理署

AGRICULTURE, FISHERIES AND CONSERVATION DEPARTMENT